

DELHI PUBLIC SCHOOL GAYA

(Under the aegis of the Delhi Public School Society, New Delhi) Affiliated to C.B.S.E., New Delhi Affiliation No.330530, School Code - 65572

SPLIT-UP SYLLABUS FOR CLASS-X FOR THE ACADEMIC SESSION: 2025-26

Subject: English Language and Literature (184)

Prescribed Books: 1. First Flight (FF) (NCERT) 2. Footprints Without Feet (FWF) (NCERT)

| | | ints Without Feet (FWF) (| NCEKI) | | |
|--------|---------------------------|---|---|---|--|
| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Units | Tentative No. of Periods Required | Subject Enrichment Activities (SEA) |
| | | | TERM-I | | |
| April | 23 | | First Flight: CH-1 A Letter to God First Flight: P-1 Dust of Snow First Flight: P-2 Fire and Ice Footprints Without Feet: CH-1 A Triumph of Surgery Footprints Without Feet: CH-2 The Thief's Story Grammar: CH-1 Tenses Grammar: CH-2 Determiners End of the Topic Test | 3 2 2 2 2 2 3 3 2 2 7 | SEA-Letter Writing Activity (Ask students to imagine themselves in Lencho's situation, where they are going through a difficult phase and have lost faith in everything. Have them write a letter to God, asking for help.) SEA-Group Discussion: The Concept of Trust (Lead a group discussion on the role of trust in the story. It will encourage students to think about the importance of trust in relationships and how people can change.) |
| May | 12 | | First Flight: CH-2 Nelson Mandela-Long Walk to Freedom First Flight: P-3 A Tiger in the Zoo First Flight: CH-3 Two Stories About Flying Writing Skills: Formal Letters End of the Topic Test | 3 2 3 2 2 2 | SEA-Poetry on Freedom and Justice (Students will write a poem inspired by the themes of freedom, justice, and equality. They can reflect on how Mandela's journey towards freedom inspired them to think about these issues in their own lives.) |
| June | 13 | Periodic Test-I | First Flight: P-4 How to Tell Wild Animals First Flight: P-5 The Ball Poem Footprints Without Feet: CH-3 The Midnight Visitor End of the Topic Test | 2 2 3 3 | SEA-Narrative Writing: A Story Inspired by "The Ball Poem" (Students will write a short story inspired by the poem. The story could revolve around a child losing a possession, facing an emotional challenge, or learning an important life lesson.) |
| July | 25 | Tenour Test-1 | First Flight: CH-4 From the Diary of Anne Frank First Flight: P-6 Amanda First Flight CH-5 Glimpses of India Footprints Without Feet: CH-4 A Question of Trust | 3 2 6 2 3 | SEA-Debate on "Preserving Natural Beauty and Cultural Heritage" (Students can present arguments on how tourism affects the environment and the cultural fabric of a place and discuss the need for responsible tourism.) |

| | | | Footprints Without Feet: CH-5 Footprints | | • SEA-Interview the Invisible Man |
|-----------|----|----------------------|---|---|---|
| | | | Without Feet | 1 | • (Students can interview a classmate portraying |
| | | | Writing Skills: Analytical Paragraph | | Griffin. As the interviewer, students can ask |
| | | | Grammar: CH-3 Modal Auxiliaries | 2 | questions about Griffin's motivations, why he |
| | | | End of the Topic Test | 6 | chose to become invisible, his feelings toward |
| | | | | | society, and how he views the consequences of his |
| | | | | | actions. |
| | | | First Flight: P-7 The Trees | 2 | • SEA-Debate: "Should Children Be Allowed to |
| | | | First Flight CH-6 Mijbil the Otter | 2 | Take Such Risks?" |
| | | | First Flight: P-8 Fog | 1 | • (Organise a debate around the question, "Should |
| | | | • First Flight CH-7 Madam Rides the Bus | 3 | children be allowed to take such risks as Valli did |
| | | | Footprints Without Feet: CH-6 The Making of | 3 | in her journey?" |
| | | | a Scientist | | SEA-Character Sketch: Madame Loisel |
| August | 23 | | Footprints Without Feet: CH-7 The Necklace | 3 | • (Students will write a character sketch of Madame |
| | | | Grammar: CH-4 Subject-Verb Concord | 2 | Loisel, focusing on her personality traits, desires, |
| | | | Grammar: CH-5 Reported Speech | 2 | and motivations. Students should explore her |
| | | | End of the Topic Test | 5 | vanity, dissatisfaction with her life, and her dream |
| | | | | | of wealth and luxury. They can also reflect on how |
| | | | | | these traits lead to the story's central conflict and |
| | | | | | tragic ending.) |
| | | | • First Flight: P-9 The Tale of Custard the | 2 | • SEA-Assessment of Speaking and Listening |
| | | Mid-Term | Dragon | | Skills |
| September | 21 | Examination/Periodic | • First Flight: CH- 8 The Sermon at Benares | 2 | • AIL-Create an artwork that visually represents |
| | | Test-II | First Flight: P-10 For Anne Gregory | 2 | contrasting concept of inner beauty v/s outer |
| | | | End of the Topic Test | 3 | beauty. |
| | | | TERM-II | 8 | |
| | | | Footprints Without Feet: CH-8 Bholi | 3 | SEA-Role Play: The Proposal Scene |
| | | | First Flight: CH-9 The Proposal | 6 | • (Have students role-play the proposal scene in |
| | | | • Footprints Without Feet: CH-9 The Book That | 4 | pairs. One student can play Lomov, another can |
| October | 13 | | Saved The Earth | 3 | play Natalya, and a third can play Chubukov. |
| | | | End of the Topic Test | | Students can focus on the characters' emotions, |
| | | | | | their constant bickering, and their inability to |
| | | | | | communicate effectively.) |
| November | 23 | Periodic Test-III | Revision | | Class Assessment |
| December | 22 | Pre-Board-I | Revision | | Class Assessment |
| January | 22 | Pre-Board-II | Revision | | Class Assessment |
| February | 22 | | Revision | | Class Assessment |
| March | 20 | | | | |

विषय : हिंदी निर्धारित पुस्तकें – १. स्पर्श भाग–२ (NCERT) २. संचयन भाग–२ (NCERT)

| माह | प्राप्त कालांश के संख्या | कार्य दिवसों की संख्या | परीक्षा का नाम (स्कूल नीति के अनुसार) | अध्याय / इकाई | अनुमानित आवश्यक कालांश (पीरियड) | विषय संवर्धन गतिविधियाँ (एस०ई०ए०) | | | |
|--------|-----------------------------|------------------------------|--|--|--|---|--|--|--|
| | टर्म–I | | | | | | | | |
| अप्रैल | 19 | 23 | | स्पर्श : पद्य खंड पाठ-1 साखी (कबीर) पाठ-2 पद (मीरा) स्पर्श : गद्य खंड पाठ-8 बड़े भाई साहब व्याकरण :- पदबंध लेखन :- अनुच्छेद लेखन औपचारिक पत्र लेखन पुनरावृत्ति कक्षा जाँच | 03 03 03 03 03 02 01 01 | मीराबाई भक्तिकाल की प्रसिद्ध कवयित्री थीं। इस काल के अन्य किसी दो कवियों का सचित्र जीवन परिचय लिखना। अपने बड़े भाई / बड़ी बहन से प्राप्त प्रेरणाप्रद सीख को लिखना। | | | |
| मई | 10 | 12 | | स्पर्श: गद्य खंड पाठ-9 डायरी का एक पन्ना संचयन:-पाठ-1 हरिहर काका पुनरावृत्ति कक्षा जाँच | 04 04 01 01 | स्वतंत्रता के संघर्ष पर आधारित किसी क्षेत्रीय स्वतंत्रता संग्राम सेनानी की गाथा लिखना। | | | |
| जून | 11 | 13 | आवधिक परीक्षा—1 | स्पर्श : गद्य खंड पाठ–10 ततांरा वामीरो कथा व्याकरणः– रचना के आधार पर वाक्य रूपांतरण पुनरावृत्ति कक्षा जाँच | 05 04 01 01 | एक प्रेरणाप्रद क्षेत्रीय कहानी या लोक कथा लिखना। | | | |

| | | | | स्पर्श : पदय खंड | | • ऐसे दो व्यक्तियों का सचित्र जीवन परिचय देना, |
|----------|----|----|--------------------------|--|----|--|
| | | | | | 06 | एस दा व्यापराया का सायत्र जापन परियय दना, जिसे परोपकार करते हुए विदयार्थियों ने देखा हो |
| | | | | पाठ–3 मनुष्यता स्पर्श : गद्य खंड | | और उनके जीवन से प्राप्त सीख को अपने शब्दों में |
| | | | | | 06 | लिखना। |
| जुलाई | 21 | 25 | | • पाठ—11 तीसरी कसम के शिल्पकार शैलेंद्र | 05 | |
| U | | | | व्याकरणः– समास | 02 | |
| | | | | अपठित् गद्यांश | 01 | |
| | | | | पुनरावृत्ति | 01 | |
| | | | | कक्षा जाँच | 01 | |
| | | | | स्पर्शः पद्य खंड | | भारतवर्ष के क्षेत्रों का संक्षिप्त वर्णन करते हुए पावस ऋतु के प्राकृतिक सौंदर्य का विस्तारपूर्वक वर्णन |
| | | | | • पाठ-4 पर्वत प्रदेश में पावस | 03 | |
| | | | | स्पर्शः गद्य खंड | | करना । |
| | | | | • पाठ–12 अब कहाँ दूसरे के दुःख से दुःखी होने | 03 | |
| | | | | वाले | 04 | |
| | | | | • पाठ–13 पतझड़ में टूटी पत्तियाँ | 04 | |
| अगस्त | 19 | 23 | | पाठ–13 पतझड़ में टूटी पत्तियाँ (क) गिन्नी का सोना (क) रोज की रोज | 7 | |
| | | | | (ख) झेन की देन | | |
| | | | | संचयनः– पाठ २ सपनों के से दिन | 04 | |
| | | | | व्याकरणः– मुहावरे | 01 | |
| | | | | लेखनः सूचना लेखन | 02 | |
| | | | | पुनरावृत्ति | 01 | |
| | | | | कक्षा जाँच | 01 | |
| | | | | स्पर्शः पदय खंड | | • स्वतंत्रता आंदोलन में वजीर अली, टीपू सुल्तान और |
| | | | | • पाठ—5 तोप | 04 | बगाल के नवाब शमसुद्दौला खान ने जो योगदान |
| | | | | लेखनः– विज्ञापन लेखन | 04 | दिया, उसके बारे में संक्षिप्त जानकारी प्राप्त करके |
| सितम्बर | 18 | 21 | मध्यावधि परीक्षा / आवधिक | • लघुकथा लेखन | 04 | लिखना। |
| 171(1*97 | 10 | 21 | परीक्षा—2 | • ई–मेल लेखन | 04 | |
| | | | | • ਙ੍ਰ–੧ਗ਼ ਗ਼ਖ਼ਗ਼ ਸੁਰਗੁਰੁਤਿ | 01 | |
| | | | | पुनरावृत्ति कक्षा जाँच | 01 | |
| | | | | | | |
| | | | | Petfail | | |
| | | | | स्पर्शः पद्य खंड | | • स्वतंत्रता दिवस पर आधारित वीर रस से युक्त |
| | | | | • पाठ-6 कर चले हम फिदा | 02 | ओजपूर्ण कविता लिखकर कक्षा–कक्ष में प्रस्तुत |
| | | | | • पाठ—७ आत्मत्राण | 02 | करना । |
| | | 40 | | स्पर्श : गद्य खंड | | |
| अक्टूबर | 11 | 13 | | पाठ—14 कारतूस | 03 | |
| | | | | संचयनः — पाठ 3 टोपी शुक्ला | 02 | |
| | | | | पुनरावृत्ति | 01 | |
| | | | | कक्षा जाँच | 01 | |
| | | | 1 | | 1 | |

| नवम्बर | 19 | 23 | आवधिक परीक्षा—3 | • पुनरावृत्ति | 15 | |
|---------|----|----|----------------------|---------------|----|--|
| दिसम्बर | 19 | 22 | प्री—बोर्ड परीक्षा—1 | • पुनरावृत्ति | 07 | |
| जनवरी | 19 | 22 | प्री—बोर्ड परीक्षा—2 | • पुनरावृत्ति | 11 | |
| फरवरी | 19 | 22 | | • पुनरावृत्ति | 10 | |
| मार्च | 17 | 20 | | • पुनरावृत्ति | | |

Subject : Mathematics Prescribed Book :-

1. Mathematics Textbook for class X by NCERT

2. Secondary School Mathematics Class X by R.S Aggarwal (Published Bharti Bhawan)

| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Unit (Entire Book to be covered) | Tentative No. of Periods Required | Activities Proposed |
|--------|---------------------------|---|---|---|---|
| | | | TERM-I | | |
| April | 23 | | Real Numbers :- The Fundamental Theorem of Arithmetic Proof of irrationality of √2, √3, √5 Polynomials:- Geometrical Meaning of the Zeroes of a Polynomial Relationship between Zeroes and Coefficients of a Polynomial Relationship between Zeroes and Coefficients of a Polynomial Pair of linear equations in two variables:- Pair of Linear Equations in Two Variables Graphical Method of Solutions of a pair of Linear Equations Algebraic Methods of Solving a Pair of Linear Equations, simple situational problems. End of topic test | 07 07 07 02 | To draw a graph of a quadratic polynomial equation and examine that: The shape of the curve when the coefficient of X² is negative and shape of the curve when the coefficient of X² is positive Number of zeroes |
| May | 12 | | Coordinate geometry:- • Distance formula • Section formula Introduction to Trigonometry:- • Trigonometric Ratios | 08 04 | |
| June | 13 | Periodic Test-I | Introduction to Trigonometry:- (Continued) Trigonometric Ratios of some specific Angles Trigonometric Identities End of topic test | 07 05 01 | |

| | | | Some Applications of Trigonometry :- | 05 | • To experimentally find the height of a building |
|----------------------------|----|----------------------|--|--------|--|
| | | | Heights and Distances | 05 | • To experimentally find the height of a building using aclinometer. |
| | | | | | using achnometer. |
| | | | Probability: | | |
| | | | A Theoretical Approach | 07 | |
| July | 25 | | Triangles :- | | |
| | | | Similar Figures | 12 | |
| | | | Similarity of Triangles | | |
| | | | Criteria for Similarity of Triangles | | |
| | | | End of topic test | 01 | |
| | | | Quadratic equations :- | 09 | • From the same external point, the lengths of |
| | | | Quadratic equations | | tangents to a circle are always equal. |
| | | | Solution of a Quadratic Equation by | | tangents to a chere are arways equal. |
| | | | • Solution of a Quadratic Equation by Factorisation & Formula | | |
| | | | | | |
| | | | Nature of roots FOR | 01 | |
| | | | Circles:- | 04 | |
| | | | Tangent to a Circle | | |
| August | 23 | | Number of Tangents from a Point on a Circle | 07 | |
| _ | | | Areas related to circles:- | LF / | |
| | | | Perimeter and Area of a Circle | | |
| | | | Areas of sector and segment of a Circle | | |
| | | | Areas of combinations of Plane Figures | | |
| | | | Statistics :- | 02 | |
| | | | Mean of grouped Data | | |
| | | | End of topic test | 01 | |
| | | | | | |
| | | Mid-Term | Statistics :- (cont) | 06 | |
| September | 21 | Examination/Periodic | Mean of grouped Data | | |
| - · r · · · · · · · | | Test-II | Mode of grouped Data | | |
| | | 1050-11 | Median of grouped Data | | |
| | | | TERM-II | | |
| | | | Arithmetic progressions :- | 06 | • To Get the formula for Volume of a Right |
| | | | Arithmetic progressions | \sim | Circular Cone experimentally |
| | | | Nth Term of an AP | | To verify that the sum of first 'n' natural |
| | | | Sum of First n Terms of an AP | | number is $n(n+1)/2$ by Graphical Method. |
| October | 13 | | Surface areas and volumes :- DI IDI | 06 | |
| | | | | 00 | • For an arithmetic progression having n terms, |
| | | | Surface Area of a combination of solids | 01 | establishinga formula for calculating its sum. |
| | | | Volume of a combination of solids | 01 | |
| | | | End of topic test | | |
| November | 23 | Periodic Test-III | Revision | | |
| November | 23 | renouic rest-in | Periodic Test-III | | |
| D 1 | | | Revision | | |
| December | 22 | Pre-Board-I | • Pre-Board -I | | |
| | | | Revision | | |
| January | 22 | Pre-Board-II | Pre-Board -II | | |
| - | | | | 1 | |

| February | 22 | | Board Examination | | |
|----------|----|--|-------------------|--|--|
|----------|----|--|-------------------|--|--|

Subject : Physics (086) Prescribed Book :-

Book :- 1. NCERT

2. Lab Manual (Arihant Publication)

| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Units Tentative Periods Rev TERM-I | Subject Unrichment Activities (SUA) |
|--------|---------------------------|---|--|--|
| April | 14/23 | | Reflection of light Reflection of light Plane Mirror Spherical Mirrors Terminology for spherical mirror Image formation by concave and convex mirror Sign convention and Mirror formula Numericals based on mirror formula and magnification EOCT & Discussion of Test | Determination of the focal length of concave mirror |
| May | 08/12 | | Laws of Refraction Terminology for spherical lens Image formation by lens Sign convention and Lens formula Numericals based on lens formula and magnification EOCT & Discussion of Test | Determination of the focal length of convex lens |
| June | 08/13 | Periodic Test-I | Construction and working of human eye Defects of vision Numericals based on defects of vision Dispersion of light Atmospheric Refraction Scattering of light EOCT & Discussion of Test | • Tracing the path of a ray of light passing through a rectangular glass slab for different angles of incidence. Measure the angle of incidence, angle of refraction, angle of emergence and interpret the result. |
| July | 14/25 | reriodic Test-I | Electric Charge and its properties Electric Potential and Potential Difference Numericals based on V=w/q Electric current Numericals based on current Ohm's Law and VI graph Numericals based on Ohm's Law 3 | Tracing the path of the rays of light through a glass prism |
| August | 14/23 | | Resistance and Resistivity 2 Numericals based on resistance and 2 resistivity | • Studying the dependence of potential difference (V) across a resistor on the current (I) passing through it and |

| September | 06/21 | Mid-Term Examination/Periodic Test-II | Combination of resistors and equivalent resistance Numericals based on equivalent resistance Heating Effect of Current Power EOCT and Feedback Bar magnet and its properties Oersted's Experiment Magnetic field due to straight current carrying conductor Problems based on Right Hand Thumb Rule | 2 4 2 1 1 1 2 1 2 | determine its resistance. Also plotting a graph between V and I. |
|------------------------------------|------------|--|---|---|--|
| | | | TERM-II | | |
| October | 09/13 | | Magnetic field due to circular loop Magnetic field due to solenoid Electromagnet Force on a current carrying conductor Problems based on Fleming's Left-hand Rule EOCT and Feedback | | • Determination of the equivalent resistance of two resistors when connected in series and parallel. |
| November | 12/23 | Periodic Test-III | Revision | 12 | |
| December | 09/22 | Pre-Board-I | Revision | 9 | |
| January | 22 | Pre-Board-II | Revision | | |
| February | 22 | | | | |
| March | 20 | | | | |
| Subject : Chemi Prescribed Book | | Science Text Book - N Lab Manual (Arihant Name of the | | 1000 | |
| Months | of Working | Examination (As per | Chapters/Units | Tentative No. of | Subject Enrichment Activities (SEA) |
| | Days | School Policy Framed) | S PLIBLIC > | Periods Required | |
| | | | TERM-I | | |
| | | | Chemical reactions and Equations | 02 | • Performing and observing the following reactions |
| | | | Combination Reactions | 02 02 | and classifying them into: A. Combination reaction |
| Annil | 12/23 | | Decomposition Reactions | 02 | B. Decomposition reaction C. Displacement reaction D. Double displacement reaction (i) |
| April | 1425 | | Displacement ReactionsDouble displacement Reactions | 02 | Action of water on quicklime (ii) Action of heat on |
| | | | Double displacement Reactions Redox Reactions | 02 | ferrous sulphate crystals (iii) Iron nails kept in copper sulphate solution |
| Mari | 06/12 | | Question answers | 02 | Performing and observing the following reactions |
| May | 06/12 | | End of Chapter Test | 02 | and classifying them into: A. Combination reaction |

| | | | Acids, Bases and Salts (Introduction)Indicators | 02 | B. Decomposition reaction C. Displacement reaction D. Double displacement reaction (i) Reaction between sodium sulphate and barium chloride solutions |
|-----------|-------|---|--|--|---|
| June | 04/13 | Periodic Test-I | Acids, Bases and Salts(contd.) Properties of Acids Properties of Bases | 02 02 | Practical File Assessment A. Finding the pH of the following samples by using pH paper/universal indicator: (i) Dilute Hydrochloric Acid (ii) Dilute NaOH solution (iii) Dilute Ethanoic Acid solution (iv) Lemon juice (v) Water (vi) Dilute Hydrogen Carbonate solution |
| July | 14/25 | | Acids, Bases and Salts (contd.) pH Chloralkali process and salts Question Answers End of Chapter Test Chemical properties of Metals | 02 04 02 03 03 | • B. Studying the properties of acids and bases (HCl & NaOH) on the basis of their reaction with: a) Litmus solution (Blue/Red) b) Zinc metal c) Solid sodium carbonate |
| August | 12/23 | | Metals and Non -Metals Formation of ionic compounds Extraction of metals Corrosion Question Answer End of Chapter Test Carbon and its Compounds (Introduction) | 02 02 02 02 02 02 02 02 | Observing the action of Zn, Fe, Cu and Al metals on the following salt solutions: i) ZnSO₄(aq) ii) FeSO₄(aq) iii) CuSO₄(aq) iv) Al₂ (SO₄)₃(aq) . Arranging Zn, Fe, Cu and Al (metals) in the decreasing order of reactivity based on the above result. |
| September | 04/21 | Mid-Term Examination/Periodic Test-II | Carbon and its Compounds(cont.) Saturated and Unsaturated Compounds Nomenclature Isomerism | 01 01 02 | Practical File Assessment |
| I | | | TERM-II | | |
| October | 06/13 | | Carbon and its Compounds Homologous Series Chemical properties of carbon compounds Question Answers End of Chapter Test PUBLIC | 01 03 01 01 | Study of the following properties of acetic acid (ethanoic acid): i) odour ii) solubility in water iii) effect on litmus iv) reaction with Sodium Hydrogen Carbonate Study of the comparative cleaning capacity of a sample of soap in soft and hard water. |
| November | 12/23 | Periodic Test-III | Question Bank | 12 | Oral Test |
| December | 22 | Pre-Board-I | Revision | | Practical File Assessment |
| January | 22 | Pre-Board-II | Revision | | |
| February | 22 | | | | |
| March | 20 | | | | |

Subject : Biology (086) Prescribed Book :-

Science Text Book - NCERT-X
 Lab Manual (Arihant Publication)

| | 2. | Lab Manual (Arihant) | Publication) | | |
|-----------|---------------------------|---|--|--------------------------------------|---|
| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Units | Tentative No. of Periods Required | Subject Enrichment Activities (SEA) |
| | 2 | | TERM-I | 1 | |
| April | 18/23 | | Life Processes. Nutrition in Animals Nutrition in Plants End of Sub Topic test + Discussion of Test | 18 9 7 2 | • Prepare a temporary mount of a leaf peel to show stomata. |
| May | 08/12 | | Life Processes • Respiration | 8 | Experimentally show that carbon dioxide is given out during respiration. |
| June | 11/13 | | Life Processes Transportation Excretion End of Topic test + Discussion of Test | 11 5 4 2 | |
| July | 16/25 | Periodic Test-I | Control and Coordination Reflex Action Human Brain Coordination in plants Hormones in animals End of Topic test+ Discussion of Test | 16 4 3 4 3 2 | Studying (a) binary fission in Amoeba, and (b) budding in yeast and Hydra with the help of prepared slides. |
| August | 17/23 | | How do Organism reproduce? Modes of Reproduction Sexual reproduction in flowering plants Reproduction in Human Beings End of Topic test + Discussion of Test | 17 5 5 5 5 2 | • Identification of the different parts of an embryo of a dicot seed (Pea, gram or red kidney bean). |
| September | 13/21 | Mid-Term Examination/Periodic Test-II | Heredity Mendel's contribution How do traits gets expressed Sex Determination End of Topic test + Discussion of Test | 13 5 3 3 2 | |
| | | | TERM-II | | |
| October | 09/13 | | Our Environment. Ecosystem Food chains and webs How do activities effect our environment End of Topic test + Discussion of Test | 9 3 2 2 2 | Demonstrate phototropism in plants? Demonstrate importance of carbon dioxide in photosynthesis? |
| November | 10/23 | Periodic Test-III | Question Bank (Revision) | 10 | |
| December | 22 | Pre-Board-I | | | |
| January | 22 | Pre-Board-II | | | |
| February | 22 | | | | |
| March | 20 | | | | |

Subject: Social Science (087)

Prescribed Books: 1. India and the Contemporary World-II (History) - Published by NCERT

- 2. Contemporary India II (Geography) Published by NCERT
- 3. Democratic Politics II (Political Science) Published by NCERT

4. Understanding Economic Development (Economics) - Published by NCERT

| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Units | Tentative No. of Periods Required | Subject Enrichment Activities (SEA) |
|--------|---------------------------|---|--|--------------------------------------|--|
| | | | TERM-I His CH1 The Rise of Nationalism in Europe European countries in the making of a nation state. Nature of the diverse social movements of the time. The evolution of the idea of nationalism which led to the formation of Nation States in Europe and elsewhere. Reasons which led to the First World War. Pol- CH1Power sharing The need for power sharing in democracy. The challenges faced by countries like Belgium | 01 01 03 02 01 | Debate on the different national movements in Europe, comparing their impact on unity and the challenges faced. Create timelines of key events leading to the unification of Italy and Germany. Discuss the importance of power-sharing in a democracy. Students can debate different models of power-sharing, such as federalism and decentralization. Debate whether economic growth leads to true development, focusing on factors like education, health, and inequality. |
| April | 23 | | and Sri Lanka ensuring effective power sharing. The power sharing of India with Sri Lanka and Belgium. The purpose of power sharing in preserving the unity and stability of a country Geo CH1 Resources and Development How the resources are interdependent, justify how planning is essential in Judicious utilisation of resources and the need to develop them in India. Rationale for development of resources.Data and information related to non-optimal land, utilization in India | 01 01 01 01 01 01 | |
| | | | Remedial measures for optimal utilization of underutilized resources Eco- CH1 Development The different processes involved in setting developmental Goals.Per capita income depicts the economic condition of the nation. The development goals with reference to their efficacy, implemental strategies, relevance to current requirements of the nation. Per capita income of some countries The | 01 01 01 01 | |

| | | | multiple perspectives on the need of | | |
|------|----|-----------------|---|----|--|
| | | | development. | | |
| | | | Geo Ch2 Forest and Wildlife resources | | |
| | | | • Importance of conserving forests and wildlife | | |
| | | | and their interdependency in maintaining the | | |
| | | | ecology for the sustainable development of | 01 | |
| | | | India. | | |
| | | | • The role of grazing and wood cutting in the | | |
| | | | development and degradation | | |
| | | | | | |
| | | | • Reasons for conservation of biodiversity under | 01 | |
| | | | sustainable development. | 01 | |
| | | | | | |
| | | | Developmental works | | |
| | | | India under sustainable development. | 01 | |
| | | | Pol CH2 Federalism | 01 | |
| | | | How federalism is being practised in India. | 02 | |
| | | | • The policies and politics that has strengthened | 01 | |
| | | | federalism in practice. | 01 | |
| | | | End of topic test | | |
| | | | Geo CH3 Water resources | | • Simulate a water crisis scenario, where students |
| | | | Conservation of water resource in India. | 02 | must work together to come up with sustainable |
| | | | Multipurpose projects | 03 | solutions. |
| | | | His CH2 Nationalism in India. | | Let students investigate the role of lesser-known |
| | | | • Nationalistic movements that ushered in the | | freedom fighters and present their findings. |
| | | | sense of Collective Belonging. | 02 | |
| May | 12 | | • Effectiveness of the strategies applied by | | |
| | | | Gandhiji and other leaders in the movements | 02 | |
| | | | organised by him. | | |
| | | | • The effects of the First World War that triggered | | |
| | | | the two defining movements (Khilafat &Non- | 02 | |
| | | | Cooperation Movement) in India. | | |
| | | | End of topic test | 01 | |
| | | | His CH3 The making of a Global World | | • Create a world map showing trade routes in the |
| | | | The pre-modern world | 02 | 19th century and highlight colonial influences |
| | | | • 19th century 1815 -1914 PUBLIC | 02 | • Create a table comparing the importance of |
| | | | • The inter- war economy. Rebuilding of world | 02 | different sectors in the Indian economy, |
| | | | economy: the post war era | 02 | analyzing growth patterns and challenges. |
| | | | Eco CH 2 Sectors of Indian Economy | | analyzing grow in patients and chanenges. |
| June | 13 | Periodic Test-I | The economic activities in different sectors | 01 | |
| June | 15 | renoule rest-r | The economic activities in different sectors Problems in different sectors based on their | 01 | |
| | | | • Problems in different sectors based on their understanding. | 01 | |
| | | | The role of the unorganised sector in impacting | 01 | |
| | | | | 02 | |
| | | | Per Capita Income currently. | 02 | |
| | | | • Suggestive steps to reduce the unorganised | 02 | |
| | | | sector for more productive contributions to | 02 | |

| | | GDP.The essential role of the Public and Private | | |
|--------|----|---|------|--|
| | | sectors | | |
| | | • End of topic test | 01 | |
| | | Pol CH3 Gender, Religion and Caste | 01 | A discussion or debate on the role of gender, |
| | | The role and differences of Gender, religion and | 04 | religion, and caste in shaping society and |
| | | Caste in practicing Democracy. | L DI | politics. |
| | | • Different expressions based on the differences, | 04 | • Discuss the importance of credit in daily life, |
| | | are healthy or not in a democracy | - | asking students to share their experiences or |
| | | Eco CH3:Money and the credit | | knowledge. |
| | | • Money plays as a medium exchange in all | 02 | • Examine different types of farming in India (e.g., |
| | | transactions of goods and services from ancient | | subsistence farming vs. commercial farming) |
| | | times to the present times. | | and discuss their advantages and challenges. |
| | | Various sources of Credit. | 03 | |
| July | 25 | • The significance and role of self-help groups in | | |
| | | the betterment of the economic condition of | 02 | |
| | | rural people/ women | ~ 7 | |
| | | Geo Ch 4 Agriculture | - 02 | |
| | | Agriculture in our economy and society. | 03 | |
| | | • Challenges faced by the farming community in | 03 | |
| | | India. | | |
| | | • Various aspects of agriculture, including crop production, types of farming etc | 03 | |
| | | End of topic test | | |
| | | • End of topic test | 01 | |
| | | His CH4 The Age of Industrialization | | • Study the effects of industrialization on one |
| | | • Economic, political, social features of Pre and | 02 | particular country or region, analyzing social, |
| | | Post Industrialization. | | economic, and environmental consequences. |
| | | • Industrialization impacted colonies with specific | 02 | • Create a map that highlights major sources of |
| | | focus on India | õ | energy in different countries and regions. |
| | | Geo CH5 Minerals and Energy | | • Students research the history of major industries |
| | | • The conventional and nonconventional sources | 01 | in India (e.g., textiles, steel) and present findings. |
| | | of energy. • The importance of minerals and natural | 02 | • Organize a mock election where students form |
| | | resources for economic development of the | 02 | political parties, create manifestos, and campaign within the class. |
| August | 23 | country. | | campaign within the class. |
| | | • Strategies for sustainable use of natural | 02 | |
| | | resources | - | |
| | | Geo CH6 Manufacturing Industries | | |
| | | • Impact of manufacturing industries on the | 01 | |
| | | environment and develop strategies | | |
| | | • Sustainable development of the manufacturing | | |
| | | sector. | 01 | |
| | | • Various types of manufacturing industries based | 01 | |
| | | on their input materials, processes, and end | 01 | |

| | | Mid-Term | products. The relation between the availability of raw material and location of the industry Pol CH4 Political parties The process of parties getting elected. Significance of the right to vote and exercise the duties as citizens of a nation. The role, purpose and no. of Political Parties in Democracy. Pol CH5 Outcomes of democracy The success of democracy Quality of government, economic well- being, inequality, social differences, conflict, freedom and dignity End of topic test Examination | 02 01 01 01 03 01 01 01 21 | Examination |
|-----------|----|---------------------------------|--|--|--|
| September | 21 | Examination/Periodic Test-II | • Examination | F | Examination |
| | | | TERM-II | | |
| October | 13 | | His CH5 Print culture and modern world Development of Print from its beginnings in East Asia to its expansion in Europe and India. Compare and contrast the old tradition of handwritten manuscripts versus print technology. Role of Print revolution and its impact Eco CH4 Globalization and the Indian economy What is Globalisation? Factors that have enabled Globalisation. Geo Ch7 Lifelines of National Economy Map demarcation India- National Highways India- Railways India-Major ports and International airports End of topic test | 02 01 01 01 01 01 01 02 02 02 02 01 | Discussion: How did print culture shape societies? Discuss both the positive and negative effects of print. Students create a map highlighting the major transportation networks (rail, road, water) that support the national economy. Class Debate: Hold a debate on the pros and cons of globalization for India. |
| November | 23 | Periodic Test-III | Examination / Revision | 23 | Examination / Revision |
| December | 22 | Pre-Board-I | • Examination | 22 | Examination |
| January | 22 | Pre-Board-II | • Examination | 22 | Examination |
| February | 22 | | Board Examination | | Board Examination |
| March | 20 | | Board Examination | | Board Examination |

| मासः | कार्यदिवसाः | परीक्षायाः नाम | अध्यायः / पाठः | अनुमानित आवश्यक समयः | प्रस्तावित क्रियाकलापाः |
|---------|-------------|--|--|-------------------------|---|
| | | | टर्म-1 | | |
| अप्रैल | 20/23 | | सामूहिक–अवलोकनम् (सर्वेषु विषयेषु) शेमुषी–पाठ–1 शुचिपर्यावरणम् पाठ–2 बुद्धिर्बलवती सदा अपठित–अवबोधनम् | 02 06 06 04 | पर्यावरण के महत्त्व पर अपने विचार लिखना एवं कक्षा चर्चा करना। |
| मई | 10 / 12 | 4 | अध्यायस्य अन्तिमे परीक्षा शेमुषी–पाठ–4 शिशुलालनम् अध्यायस्य अन्तिमे परीक्षा | 02 08 02 | संस्कृत को शुद्ध पठन एवं उच्चरण तथा लघु वाक्य निर्माण। |
| जून | 05/13 | | शेमुषी–पाठ–5 जननी तुल्यवत्सला रचनात्मकं कार्यम्–चित्रवर्णनम्, संस्कृते अनुवादः अध्यायस्य अन्तिमे परीक्षा | 02 02 01 | • चित्र के आधार पर वाक्य लेखन। |
| जुलाई | 20/25 | आवधिक परीक्षणम् 1 | शेमुषी पाठ–६ सुभाषितानि पाठ–७ सौहार्द्र प्रकृतेः शोभा व्याकरणम्–सन्धिः अध्यायस्य अन्तिमे परीक्षा | 06 06 06 02 | सन्धि का टेबल बनाकर सारे विभागों का उदाहरण सहित वाक्य निर्माण। |
| अगस्त | 20/23 | | शेमुषी–पाठ–8 विचित्रः साक्षी पाठ–9 सूक्तयः व्याकरणम्–समासः अध्यायस्य अन्तिमे परीक्षा | 07 07 05 01 | 'सूक्तयः' आधारित श्लोकों का संस्वर वाचन और संहित लेखन। |
| सितम्बर | 05/21 | मध्यकालिक परीक्षा / आवधिक परीक्षणम् 2 | पत्रलेखनम् पुनरावृत्ति | 04 01 | |
| | | · · · · · · | टर्म-11 | 5 | |
| अक्टूबर | 10 / 13 | | शेमुषी पाठ–12 अन्योक्तयः, व्याकरणम्–वाच्यपरिवर्तनम् प्रत्ययाः UBLIC अध्यायस्य अन्तिमे परीक्षा | 04 04 02 | अन्योक्तयः आधारित श्लोकों का संस्वर वाचन और अध सहित लेखन। |
| नवम्बर | 20/23 | आवधिक परीक्षणम् 3 | व्याकरणम्–समय–लेखनम् अव्ययपदानि अशुद्धिः संशोधनम् अध्यायस्य अन्तिमे परीक्षा | 06 06 06 02 | संस्कृत घटिका का निर्माण एवं समय से संबंधित वैज्ञानिक एवं शस्त्रीय प्रयोग की चर्चा एवं उपयोगिता विचार करने का अभ्यास। |
| दिसम्बर | 19/22 | पूर्व—मुख्या परीक्षा 1 | शेमुषी—पुनः चर्चा व्याकरणम्–पुनरावृत्ति अध्यायस्य अन्तिमे परीक्षा | 08 08 | छोटे–छोटे वाक्यों को अनुवाद करने का अभ्यास। |

| जनवरी | 19/22 | पूर्व—मुख्या परीक्षा 2 | शेमुषी–पुनः चर्चा व्याकरणम्–पुनरावृत्ति अध्यायस्य अन्तिमे परीक्षा | 08 08 03 | परीक्षा उपयोगी वस्तुओं और मूल बिंदु पर चर्चा एंव पुनरावृत्ति। |
|-------|-------|------------------------|---|----------------|---|
| फरवरी | 12/22 | | परीक्षा अभ्यास | 12 | |

Subject: Artificial Intelligence (417) Prescribed Book: - 1. Understanding Artificial Intelligence with Coding in Python (APC Books)

| 2. | Practical Book of | Artificial Intelligence wit | h AI Project-X | (APC Books) |
|----|-------------------|-----------------------------|----------------|-------------|
| | | | | |

| | No. | Name of the | Intemperce with AFF foject- X (AFC books) | Tentative No. of | |
|--------|------------|-----------------------|---|------------------|--|
| Months | of Working | Examination (As per | Chapters/Units | Periods | Subject Enrichment Activities (SEA) |
| | Days | School Policy Framed) | DEFORA | Required | |
| | | | TERM-I | | |
| April | 23 | | Part-A Unit 1: Communication Skills - II Unit 2: Self-Management Skills - II Part-B Unit 1: Revisiting AI Project Cycle & Ethical Frameworks For AI Stages of Ai Project Cycle Introduction To AI Domains Ethical Framework of AI End of topic test | 1000 | Writing pros and cons of written, verbal and non-verbal communication Listing do's and don'ts for avoiding common body language mistakes Constructing sentences for providing descriptive and specific feedback Enlisting barriers to effective communication Exercises and games on applying 7Cs of effective communication Demonstration and practice of writing sentences and paragraphs on topics related to the subject Exercises on stress management techniques – yoga meditation, physical exercises Demonstration on working independently Goals Planning of an activity Demonstration on the qualities required for working independently Session: Revisiting AI Project Cycle Session: The three domains of AI and their applications Session: Frameworks, Ethical Framework and need of Ethical Framework for AI Activity: My Goodness Https://www.my-goodness.net/ Session: Bioethics and a case study in Bioethics Session: Differentiate between AI, ML and DL Session: Common terminologies used with data |
| May | 12 | | Part-B Unit 2: Advanced Concepts of Modelling In AI Artificial Neural Network | 6 | Session: Types of Al Models: Rule Based Approach Learning Based Approach Session: Categories of Machine learning based models: Supervised Learning (https://teachablemachine.withgoogle.com/), |

| | | | Revisiting AI, ML & DL Modelling End of topic test | Unsupervised Learning (https://experiments.withgoogle.com/ai/drummachine/view/), Reinforcement Learning Session: Subcategories of Supervised Learning Model: Classification Model, Regression Model Session: Subcategories of Unsupervised Learning Model: Clustering, Association Session: Subcategories of Deep Learning: Artificial Neural networks (ANN), Convolutional Neural Network (CNN) Session: How does Al make a Decision? Activity: Human Neural Network - The Game Suggested Neural Network Activity: https://playground.tensorflow.org/ |
|------|----|-----------------|---|--|
| June | 13 | | Part-B Unit 3: Evaluating Models End of topic test | Understand the role of evaluation in the development and implementation of Al systems. Session: Train-test split Session: Accuracy Session: Error Activity: Find the accuracy of the Al model |
| July | 25 | Periodic Test-I | Unit 3: Evaluating Models(Cont) Part-B Unit 4: Statistical Data (To be Assessed Through Practical) Part-B Unit 5: Computer Vision(To Be Assessed Through Theory) End of topic test | |

| August 23 | • | Part-B Unit 5: Computer Vision (To Be Assessed Through Theory) (Contd) Part-B Unit 5: Computer Vision(To Be Assessed Through Practical) Part-B Unit 6: Natural Language Processing(To Be Assessed Through Theory) Part-B Unit 6: Natural Language Processing(To Be Assessed Through Practical) End of topic test | (1+4+4+3) | Session: Applications of CV Session: Understanding CV Concepts Computer Vision Tasks Basics of Images-Pixel, Resolution, Pixel value Grayscale and RGB images Activities: Game-Emoji Scavenger Hunt https://emojiscavengerhunt.withgoogle.com/ RGB Calculator: https://www.w3schools.com/colors/color s_rgb.asp Create your own pixel art: www.piskelapp.com Create your own convolutions: http://setosa.io/ev/image-kernels/ Introduction to Lobe: https://www.lobe.ai/ Teachable Machine: https://teachablemachine.withgoogle.com/ Activity: Build a Smart Sorter Orange Data Mining Tool: https://orangedatamining.com/download/ Activity: Build a real-world Classification Model: Coral Bleaching (Use Case Walkthrough) Link to the steps involved in project development and dataset: https://drive.google.com/drive/folders/1ppJ 4d-8yOFJ2G22r1HHpiNrK0ejdIAc5Q?usp=shar ing Session: Understanding CNN Session: Understanding CNN Session: Understanding CNN Kernel Layers of CNN Activity: Reyword Extraction https://cloud.google. com/atural-language Session: Explore the various stages of NLP that involve in understanding and processing human language. Activity: Play with chatbots Elizabot - https://www.singtel.com/personal/support Session: Carplor the various stages of NLP that involve in understanding and processing human language. Activity: Play with chatbots Elizabot - https://www.singtel.com/personal/support Session: Carplore the various stages of NLP that involve in understanding and processing human language. Activity: Play with chatbots Elizabot - https://www.singtel.com/personal/support Session: Data Processing < |
|-----------|---|--|-----------|--|
|-----------|---|--|-----------|--|

| September | 21 | Mid-Term Examination/Periodic Test-II | Revision | Hands-on: Case Walkthrough - Steps involved in project development Link to steps and dataset: <u>https://drive.google.com/drive/u/2/folders/1geFLXx</u> |
|-----------|----|---|---|--|
| | | | TERM-II | |
| October | 13 | | Part-B Unit 7: Advance Python (To Be Assessed Through Practical) Part-A Unit 3: Basic ICT Skills - II Part-A Unit 4: Entrepreneurial Skills- II End of topic test | Session: Jupyter Notebook Session: Introduction to Python Session: Python Basics Identification of task bar, icons, menu, etc. Demonstration and practicing of creating, renaming and deleting files and folders, saving files in folders and subfolders, restoring files and folders from recycle bin Demonstration of the procedures to be followed for cleaning, care and maintenance of hardware and software Writing a note on entrepreneurship as career option Collecting success stories of first generation and local entrepreneurs Listing the entrepreneurial qualities – analysis of strength and weaknesses Group discussion of self-qualities that students feel are needed to become successful entrepreneur |
| November | 23 | Periodic Test-III | Part-A Unit 5: Green Skills – II End of topic test | Identify the problem related to sustainable development in the community Group discussion on the importance of respecting and conserving indigenous knowledge and cultural heritage Discussion on the responsibilities and benefits of environmental citizenship, including the conservation and protection of environmental values Preparing models on rain water harvesting, drip / sprinkler irrigation, vermin-compost, solar energy, solar cooker, etc. |
| December | 22 | Pre-Board-I | Revision | • |
| January | 22 | Pre-Board-II | • Revision | • |
| February | 22 | | · C PUBLIC Z | • |
| March | 20 | | · | • |

Subject: Introduction to Financial Markets (405) Prescribed Books : Introduction to Financial Markets (CBSE Skill Education)

| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Units | Tentative No. of Periods Required | Subject Enrichment Activities (SEA) | | | |
|--------|---------------------------|---|----------------|--------------------------------------|---|--|--|--|
| | TERM-I | | | | | | | |
| April | 23 | | • Part-A | 9 (3+3+3) | Writing pros and cons of written, verbal and non- | | | |

| UNIT 1: COMMUNICATION SKILLS - II Methods of communication - Verbal - Non- verbal - Visual Communication cycle and importance of feedback Meaning and importance of feedback Descriptive feedback - written comments or conversations Specific and non-specific feedback Barriers to effective communication - types and factors Measures to overcome barriers in effective communication Principles of effective communication 7 Cs of effective communication 7 Cs of effective communication Writing skills to the following: Sentence Phrase Kinds of Sentences Parts of Speech Articles Construction of a Paragraph UNIT 2: SELF-MANAGEMENT SKILLS - II Meaning and importance of stress management Stress management techniques - physical | verbal communication Listing do's and don'ts for avoiding common body language mistakes Constructing sentences for providing descriptive and specific feedback Enlisting barriers to effective communication Applying measures to overcome barriers in communication Constructing sentences that convey all facts required by the receiver Expressing in a manner that shows respect to the receiver of the message Exercises and games on applying 7Cs of effective communication Demonstration and practice of writing sentences and paragraphs on topics related to the subject Exercises on stress management techniques – yoga, meditation, physical exercises Preparing a write-up on an essay on experiences during a holiday trip Demonstration on working independently Goals Planning of an activity Executing tasks in a specific period, with no help or directives Demonstration on the qualities required for working independently |
|--|--|
| Sentence Phrase Kinds of Sentences Parts of Sentence Parts of Speech Articles Construction of a Paragraph UNIT 2: SELF-MANAGEMENT SKILLS - II Meaning and importance of stress | Exercises on stress management techniques – yoga, meditation, physical exercises Preparing a write-up on an essay on experiences during a holiday trip Demonstration on working independently Goals Planning of an activity Executing tasks in a specific period, with no help or directives |

| | | | - Preparing maintenance schedule | | |
|-------|----|-----------------|--|-------------|---|
| | | | Protecting computer against viruses | | |
| | | | Scanning and cleaning viruses and removing | | |
| | | | SPAM files, temporary files and folders | | |
| | | | End of topic test | | |
| | | | UNIT 4: ENTREPRENEURIAL SKILLS- II | 6 | Writing a note on entrepreneurship as career |
| | | | Entrepreneurship and society | Ŭ | option |
| | | | Qualities and functions of an entrepreneur | | Collecting success stories of first generation and |
| | | | Role and importance of an entrepreneur | | local entrepreneurs |
| | | | Note and importance of an entrepreneurMyth about entrepreneurship | | Listing the entrepreneurial qualities – analysis of |
| | | | Entrepreneurship as a career option | | strength and weaknesses |
| | | | UNIT 5: GREEN SKILLS – II | | Group discussion of self-qualities that students |
| | | | Definition of sustainable development | | feel are needed to become successful entrepreneur |
| | | | Importance of sustainable development | | Collect information and related data for a business |
| | | | Problems related to sustainable development | | Make a plan in team for setting up a business |
| | | | End of topic test | | Identify the problem related to sustainable |
| May | 12 | | - Lind of topic test | | development in the community |
| | | | CFRV | 4F | • Group discussion on the importance of respecting |
| | | | | | and conserving indigenous knowledge and |
| | | | | | cultural heritage |
| | | | | | Discussion on the responsibilities and benefits of |
| | | | | | environmental citizenship, including the |
| | | | | | conservation and protection of environmental |
| | | | | | values |
| | | | | | • Preparing models on rain water harvesting, drip / |
| | | | | | sprinkler irrigation, vermin-compost, solar energy, |
| | | | | | solar cooker, etc. |
| | | | • Part-B | 3+3 | Activity |
| | | | Unit 1: Investment Basics | | • Interactive lecture: By giving situation to calculate |
| June | 13 | | Unit 2: Securities | | the return on investment. |
| Julie | 15 | | End of topic test | | • Find out the prevailing interest rates on Bank and |
| | | | | | Post Office Deposits |
| | | | | | Live Trading/Watch Business Channels |
| | | | Unit 3: Primary market | 12(3+3+3+3) | Activity |
| | | | Unit 4: Secondary market UBLIC | | Role Play of SEBI Representative |
| | | Periodic Test-I | Unit 5: Derivatives | | Make a PPT on the topic " Securities Market " |
| | | | • Unit 6: Depository | | • Visit in Stock Exchange to collect Reports and IPO |
| | | | End of topic test | | Forms |
| July | 25 | | Ŧ | | Learn how to apply for IPO |
| | | | | | Make a project on NSE |
| | | | | | • Visit to Stock Exchange and Broking Houses in the |
| | | | | | nearby area for interaction with broker |
| | | | | | Interactive lecture: Pre-trading/ Post- trading |
| | | | | | Instructions |

| | | | | | Register Mock Portfolio on any website |
|-----------|---|---|---|--------------------------------------|---|
| August | 23 | | Unit 6: Depository Unit7: Mutual Fund Unit 8: Miscellaneous End of topic test | 9 (4+5) | Activity Risk and Return of Derivative Trading Mock Trading Techniques of Derivatives Risk and Returns of Commodity Trading Trading Techniques Basics of Commodity Market |
| September | 21 | Mid-Term Examination/Periodic Test-II | • Revision | | |
| | 1 | | TERM-II | | |
| October | 13 | | Unit 7: Mutual Fund Unit 8: Miscellaneous Unit 9: Concept and modes of Analysis End of topic test | 6 | Activity Calculate Returns of the Schemes. Find best suited scheme for each student Risk and Returns of MF Role plays portfolio manager Draw Income and Position Statement. Frame the Procedure of Loan and its Requirements |
| November | 23 | Periodic Test-III | Unit 9: Concept and modes of Analysis Unit 10: Ratio Analysis End of topic test | 9 (4+5) | ActivityWhy Company provide Corporate Benefits.Calculate all Corporate Benefits. |
| December | 22 | Pre-Board-I | • Revision | 9 | |
| January | 22 | Pre-Board-II | Revision | 9 | |
| February | 22 | | • | | |
| March | 20 | | • | | |
| | nation Technolo k: - Touchpad I No. of Working Days | | Chapters/Units | Fentative No. of Periods Required | Subject Enrichment Activities (SEA) |
| | | | TERM-I | 0 (2 + 2 + 2) | • Writing pros and cons of written, verbal and non-verbal |
| April | 23 | | Part-A UNIT 1: COMMUNICATION SKILLS - II Methods of communication - Verbal - Nonverbal - Visual Communication cycle and importance of feedback Meaning and importance of feedback Descriptive feedback - written comments or conversations Specific and non-specific feedback | 9 (3+3+3) | Virtuing pros and cons of written, veroul and non-veroul communication Listing do's and don'ts for avoiding common body language mistakes Constructing sentences for providing descriptive and specific feedback Enlisting barriers to effective communication Applying measures to overcome barriers in communication Constructing sentences that convey all facts required by the receiver Expressing in a manner that shows respect to the receiver of the message |

| | Barriers to effective communication - types and factors Measures to overcome barriers in effective communication Principles of effective communication 7 Cs of effective communication 7 Cs of effective communication Writing skills to the following: Sentence Phrase Kinds of Sentences Parts of Speech Articles Construction of a Paragraph UNIT 2: SELF-MANAGEMENT SKILLS - II Meaning and importance of stress management Stress management techniques - physical exercise, yoga, meditation Enjoying, going to vacations and holidays with family and friends Taking nature walks Importance of the ability to work independently Describe the types of self-awareness Describe the operations, file organization, directory structures, and file-system structures Creating and managing files and folders Importance and need of care and maintenance of computer - Cleaning computer components Preparing maintenance schedule Protecting computer against viruses Scanning and cleaning viruses and removing SPAM files, temporary files and folders End of topic test | Exercises and games on applying 7Cs of effective communication Demonstration and practice of writing sentences and paragraphs on topics related to the subject Exercises on stress management techniques – yoga, meditation, physical exercises Preparing a write-up on an essay on experiences during a holiday trip Demonstration on working independently Goals Planning of an activity Executing tasks in a specific period, with no help or directives Demonstration of task bar, icons, menu, etc. Demonstration and practicing of creating, renaming and deleting files and folders, restoring files and folders, restoring files and folders, restoring files and folders from recycle bin Demonstration of the procedures to be followed for cleaning, care and maintenance of hardware and software |
|--------|--|---|
| May 12 | Entrepreneurship and societyQualities and functions of an entrepreneurRole and importance of an entrepreneur | Collecting success stories of first generation and local entrepreneurs Listing the entrepreneurial qualities – analysis of strength and weaknesses |

| | | | Myth about entrepreneurship Entrepreneurship as a career option UNIT 5: GREEN SKILLS - II Definition of sustainable development Importance of sustainable development Problems related to sustainable development End of topic test | Group discussion of self-qualities that students feel are needed to become successful entrepreneur Collect information and related data for a business Make a plan in team for setting up a business Identify the problem related to sustainable development in the community Group discussion on the importance of respecting and conserving indigenous knowledge and cultural heritage Discussion on the responsibilities and benefits of environmental citizenship, including the conservation and protection of environmental values Preparing models on rain water harvesting, drip / sprinkler irrigation, vermin-compost, solar energy, solar cooker, etc. |
|------|----|-----------------|---|--|
| June | 13 | Periodic Test-I | Part-B Unit 1: Digital Documentation (Advanced) using LibreOffice Writer Chapter 1: Introduction To Styles Styles/ categories in Writer Page Paragraph Character Frame List Table Styles and Formatting Fill Format Creating a new style From Selection method Drag and Drop method Updating a new style Load style from template or document. Applying styles. End of topic test | List Style Categories: Open the Styles and Formatting window, list available style categories, and select one style from each. Use Fill Format: Apply a style to multiple areas of your document quickly using the Fill Format tool. Create and Update a New Style: Create a new style from selected text and update it by modifying its attributes. Load a Style from a Template or Document: Import and apply a style from a template or another document to your current work. Create a New Style Using Drag-and-Drop: Create a new style by dragging and dropping formatted text into the Styles and Formatting panel. |
| July | 25 | | Unit 1: Digital Documentation (Advanced) using LibreOffice Writer (Cont) Chapter 2: Working with Images Inserting an Image in a Document Insert Image Option Drag and Drop option Copy and Paste method Inserting an image by linking Options to modify image using image toolbar, resize, crop and delete an image. Drawing Objects Creating drawing objects | Insert an Image: Insert an image into a document using options such as Insert Image, Drag and Drop, Copy and Paste, and linking. Modify an Image: Use the image toolbar to modify an image by resizing, cropping, and deleting it. Create Drawing Objects: Create various drawing objects within your document. Set or Change Drawing Object Properties: Adjust the properties of drawing objects, including color, line style, and fill. Resize and Group Drawing Objects: Resize individual drawing objects and group multiple objects together for better document organization. Position the Image in the Text: Adjust the image's position in the text using arrangement, anchoring, alignment, and text wrapping options. |

| | | Setting or changing its properties. Resizing and grouping drawing objects. Positioning image in the text. Arrangement Anchoring Alignment Text Wrapping Chapter 3: Advanced Features of Writer Table of contents Hierarchy of headings Creating a Table of Content (ToC) Customization of Table of Contents(ToC) Updating ToC Deleting ToC Using templates Greating a Template Moving a Template Editing a Template Editing a Template Exporting a Template Applying Templates to a Blank Document Track Changes Feature Preparing a Document for Review Recording Changes Accepting and Rejecting Changes Adding Comments Deleting Comments Comparing Documents Unit 2: Electronic Spreadsheet (Advanced) using LibreOffice Calc Consolidating Data Groups and Subtotals What-if Scenarios What-if Scenarios What-if Analysis Tool Goal Seek End of topic test | | Create a Table of Contents (ToC): Generate and customize a Table of Contents in a document. Maintain a Table of Contents: Update or delete the Table of Contents Use Templates: Create, import, and apply templates to a blank document, using in-built, saved, or online templates. Edit a Template: Modify, move, and export an existing template. Track Changes: Prepare a document for review by recording, accepting, or rejecting changes, and manage comments by adding or deleting them. Compare Documents: Compare two versions of a document to identify and review differences. Use Consolidating Data: Aggregate data from multiple sources into a single summary. Create Subtotals: Apply subtotals to data groups to summarize and analyze information. Use "What-If" Tools: Use tools like Scenario Manager for detailed vhat-if analyses. Use Goal Seek and Solver: Use Goal Seek to find specific input values needed to achieve a desired result, and apply Solver for more complex problems |
|--------|----|--|--------------|---|
| August | 23 | Chapter 5: Using Macros in Spreadsheet Recording a Macro Running a Macro | 12 (3+3+3+3) | Demonstrate the Use of a Macro Recorder: Record a macro to automate repetitive tasks. Create a Simple Macro: Develop a basic macro to perform a |

| September | 21 | Mid-Term | Creating and Organising a Simple Macro Macro as a Function Chapter 6: Linking Spreadsheet Data Setting up multiple sheets. Creating reference to other sheets by using keyboard and mouse. Creating reference to another document by using keyboard and mouse. Hyperlinks to the Sheet Relative and Absolute Hyperlinks Creating Hyperlinks Editing a Hyperlink Linking to External Data Linking to Registered Data Sources Chapter 7:Share and Review a Spreadsheet Sharing Spreadsheet Opening and saving a shared spreadsheet. Recording changes. Add, Edit and Format the comments. Reviewing Changes – View, Accept or Reject Changes Merging and comparing. Unit 3: Database Management System using LibreOffice Base Chapter 8: Introduction to Database Management System using LibreOffice Base Data and Information Databases and DBMS Advantages of database Data Models Hierarchical Data Model Relational database Model Relational company Objects of an RDBMS End of topic test | | specific function. Use a Macro: Execute an existing macro to automate tasks in a document. Pass Arguments to a Macro: Provide arguments to a macro to customize its behavior. Pass the Arguments as Values: Supply values as arguments to a macro for dynamic operation. Write Macros as Built-in Functions: Create macros that function similarly to built-in functions for enhanced functionality. Access Cells Directly: Write macros to directly manipulate cell data in spreadsheets. Sort Columns Using a Macro: Develop and use a macro to sort columns in a spreadsheet. Setup Multiple Sheets: Insert and organize new sheets within a workbook. Create References to Other Sheets: Use keyboard and mouse to create references between different sheets in a workbook. Create References to Other Documents: Use keyboard and mouse to link data from one document to another. Create, Edit, and Remove Hyperlinks: Add, modify, and delete hyperlinks to sheets within a workbook. Link to External Data: Connect and import data from external sources for data integration. Set Up a Spreadsheet for Sharing: Configure a spreadsheet to enable sharing with others. Open and Save a Shared Spreadsheet: Access and save changes to a spreadsheet that has been shared with you. Record Changes: Track modifications made to the spreadsheet. Add, Edit, and Format Comments: Insert, modify, and format comments within the spreadsheet. Merge and Compare Sheets: Combine and compare different sheets in the shared spreadsheet. Merge and Compare Sheets: Combine and compare different sheets to integrate data effectively. Identify Data and Information: Distinguish between data and information within a database context. Identify Data and Information: Distinguish between data and information within a database structure. Identify Different Types of Data Models: Identify and describe various dat |
|-----------|----|----------|--|--|--|
|-----------|----|----------|--|--|--|

| | | Examination/Periodic | | | |
|---------|----|----------------------|---|---|--|
| | | Test-II | | | |
| | 1 | | TERM-II | 1 | |
| October | 13 | | Chapter 9: Starting with LibreOffice Base Introduction to LibreOffice Base Data types Starting with LibreOffice User Interface Of LibreOffice Base Opening a Database Creating a Table Using a Wizard Using design view, Setting primary key Saving a Table Entering data into table Navigating through the table Editing Data Deleting Records from Table Sorting Data in the Table Chapter 10: Working with Multiple Tables Editing and Deleting tables, Relationships between tables Types of Relationships- one to one, one to many, many to many Advantages of Relating Tables in a Database Creating Relationships between Tables Referential Integrity Chapter 11: Queries in Base Queries Query creation using wizard Creation of query using design view Editing a query, Working with Numerical Data Chapter 12: Forms and Reports Forms in BASE. Creating form using wizard, Modifying a Form Form Controls Toolbar Report in Base Inserting other controls in report Inserting Date & Time End of topic test | 6 | Start LibreOffice Base and Observe the Main Window: Launch LibreOffice Base and familiarize yourself with the main window's components. Create a Sample Table Using Wizard: Use the wizard to create a sample table in any category. Create Different Tables from Available List: Practice creating various tables by selecting fields from the available options. Assign Data Types and Set Primary Key: Define data types for fields and set a primary key for the table. Edit the Table in Design View: Modify the table structure using the design view. Enter Data in the Fields: Input data into the fields of your table. Delete Records from Table: Remove records from the table as needed. Arrange Data in Ascending or Descending Order: Sort the table data in ascending or descending order. Insert Data in the Table: Add new data entries to a table. Edit Records in the Table: Arrange data in ascending or descending order within the table. Delete Records from Table: Remove specific records from the table. Delete Records from Table: Set and adjust different properties for fields in the table. Create and Edit Relationships: Establish and modify relationships between tables, including one-to-one, one-to- many, and many-to-many. Enter Various Field Properties: Set and adjust different properties for fields in the table. Prepare a Query for Given Criteria: Create a query based on specified criteria. Create a query using Wizard and Design View: Demonstrate how to generate a query using both the wizard and design view. Edit a Query: Modify an existing query to update its criteria or structure. Apply Various Criteria in a Query: Demonstrate applying different criteria in a query, including single field, multiple fields, and wildcard searches. Perform Calculations Using Query in Base: Execute calculations within a query in LibreOffice Base. Create a Form Using Form Wiz |

| November | 23 | Periodic Test-III | Unit 4: Maintain Healthy, Safe and Secure Working Environment Chapter 13. Health, Safety and Security at Workplace Introduction to Health, Safety, and Security At Workplace Policies and Procedures for Healthy, Safety and Security Reasons for Health, Safety, and Security Programs or Policies in the Workplace Workplace Safety Hazards Physical Hazards Falling Off Heights, Slipping and Tripping Electrical Hazards Fire Hazards Fire Hazards Health Hazards Potential Sources of Hazards in an Organisation Hazards using Computers Handling Office Equipment Handling Objects Stress at Work Working Environment Hazard Control | records based on search criteria. Insert and Delete Records Using Form View: Add new records or remove existing ones through the Form View. Create a Report Using Report Wizard: Illustrate the steps to generate a report using the Report Wizard. Demonstrate Various Report Examples: Provide examples of different types of reports created using the Report Wizard. Practice Basic Safety Rules: Implement fire safety measures, prevent falls and slips, ensure electrical safety, and apply first aid procedures to protect workers and prevent accidents. Illustrate Handling Accidents at Workplace: Demonstrate the steps to manage and respond to accidents in the workplace. Demonstrate Following Evacuation Plan: Show how to effectively follow the evacuation plan and procedures during an emergency. Identify Hazards and Sources of Hazards: Recognize potential hazards and their sources in the workplace. Identify Problems at Workplace: Assess workplace issues that could lead to accidents. Practice General Evacuation Procedures: Execute evacuation procedures in simulated emergency situations. |
|----------|----|-------------------|--|---|
| | | | Handling ObjectsStress at Work | |

| | | Pre-Board-I | Health and Safety Requirements for Computer Workplace Cautions while Working on the Computer Chapter 15. Prevent Accidents and Emergencies Accident and Emergencies: Notice and Correctly Identify Accidents and Emergencies Get help Promptly and in the Most Suitable Way Follow Company Policies and Procedures for Preventing Further Injury While Waiting for Help to Arrive Act within the Limits of your Responsibility and Authority when Accidents and Emergencies Arise, Promptly Follow Instructions given by Senior Staff and the Emergency Services Types of Accidents Trip and Fall Slip and Fall Injuries caused due to Escalators or Elevators (or lifts) Accidents due to Falling of Goods Accidents due to Moving Objects Handling Accidents: Attend to the Injured Person Immediately, Inform your Supervisor Assist your Supervisor Types of Emergencies First Aid, Electrical Safety Evacuation General Evacuation Procedures Fire Prevention Identification of Material and Ignition Sources First Aid for Electrical Emergencies Electrical Rescue Techniques End of topic test | |
|----------|----|--------------|--|---|
| December | 22 | | | |
| January | 22 | Pre-Board-II | Revision | • |
| February | 22 | | • | • |

| March 20 • | • | |
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Subject: Physical Activity Trainer (418) Prescribed Book: - Physical Activity Trainer (CBSE) Skill Education

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| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Units | Tentative No. of Periods Required | Subject Enrichment Activities (SEA) |
|--------|---------------------------|---|--|--------------------------------------|-------------------------------------|
| | 1 | 1 | TERM-I | I | 1 |
| April | 23 | | Unit -1 ROLE AND RESPONSIBILITIY OF AN EARLY YEARS PHYSICAL ACTIVITY FACILITATOR Identify role and responsibilities of a physical activity facilitator Describe the various activities to be conducted by the physical activity facilitator. PART -B:- EMPLOYABILITY SKILLS Unit -COMMUNICATION SKILLS Methods, Elements and perspectives Basic English Writing Skills End of topic test | 13 | Practical Lesson plan practices |
| May | 12 | | Unit - 2 ASSESSMENT AND EVALUATION OF STUDENTS Describe the various types and tools of assessment Prepare assessment report and provide feedback End of topic test | 07 | Practical Lesson plan practices |
| June | 13 | Periodic Test-I | PART -B:- Unit -2 SELF -MANAGEMENT SKILLS-1 PART - A Unit - 3 FREE -PLAY Public Public Play End of topic test | 06 | Practical Lesson plan Practices |
| July | 25 | | Unit 3 FREE - PLAY Organize Free-play activities Demonstrate the knowledge of rehabilitation through free – play PART - B EMPLOYABILITY SKILLS | 12 | Practical Lesson plan practices |

| | | | Unit - 3 ICT Skills-I Understanding ICT and Computer System Peripheral Devices Internet and Networking End of topic test | |
|-----------|----|---|--|---------------------------------|
| August | 23 | | Unit-4 MONITORING AND INVENTORY MANAGEMENT Describe the process of inventory management Manage props and equipment End of topic test | Practical Lesson plan practices |
| September | 21 | Mid-Term Examination/Periodic Test-II | PART B :- EMPLOYABILITY SKILLS 07 Unit- 4 Entrepreneur Skills-1 | Practical Lesson plan practices |
| | | | TERM-II | |
| October | 13 | | PART - B :- EMPLOYABILITY SKILLS 12 Unit - 5 Green Skills Practical for Board Preparation End of topic test | Practical Lesson plan practices |
| November | 23 | Periodic Test-III | Preparation For Board Examination And 09 Practical Classes | Practical Lesson plan practices |
| December | 22 | Pre-Board-I | Preparation For Board Examination And 07 Practical's | Practical Lesson plan practices |
| January | 22 | Pre-Board-II | Preparation For Board Examination 08 | Practical Lesson plan practices |
| February | 22 | | Preparation For Board Examination 07 | Practical Lesson plan practices |
| March | 20 | | • | • |

Subject : Physical Education

| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | PUBLIC Chapters/Unit (Entire Book to be covered) | Tentative No. of Periods Required | Activities Proposed | | | |
|--------|---------------------------|---|--|--|--|--|--|--|
| | TERM-I | | | | | | | |
| April | 23 | | • <u>General Fitness</u> Warming up (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Techniques, Tactics and strategies. | 23 | Game related match practiceRules explanation sessions | | | |

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| | | | <u>Swimming, Kho-Kho & Kabaddi:</u> Basic concept and practice of games. Inter house Kho-Kho competition. Free hand exercises. <u>Basketball:</u> Fundamental Skills: Basic concepts of basketball (match and rules), Playing regulations, Violations, Fouls, Player Stance | |
|------|----|-----------------|--|---|
| May | 12 | | <u>General Fitness</u> <u>Marming up (general & specific) & free hand</u> warming up (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Techniques, Tactics and strategies. <u>Swimming, Kho-Kho & Kabaddi:</u> Basic concept and practice of games. Inter house Basketball, Swimming & Kabaddi competition. Free hand exercises. <u>Basketball:</u> Fundamental Skills: Basic concept of basketball (match and rules), Playing regulations, Violations, Fouls, Player Stance | Game related match practice Rules explanation sessions |
| June | 13 | Periodic Test-I | <u>General Fitness</u> <u>Warming up</u> (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Techniques, Tactics and strategies. <u>Swimming & Football:</u> Basic concept and practice of games. Inter house Football competition. Free hand exercise. <u>Basketball:</u> Passing and Receiving (Two-hand passing, Chest pass, Bounce pass). Overhead pass, One-hand passing | Game related match practice Rules explanation sessions |
| July | 25 | | <u>General Fitness</u> <u>General Fitness</u> Warming up (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Real match situation. <u>Volleyball & Football:</u> Basic concept and practice of games. General fitness. Inter House Badminton & Taekwondo | Game related match practice Rules explanation sessions |

| | | | Competition . | |
|-----------|----|----------------------|--|--|
| | | | • <u>Basketball:</u> | |
| | | | Dribbling (Control dribble/Low dribble, Speed | |
| | | | dribble/High dribble, Front crossover dribble) | |
| | | | General Fitness 23 Game related match practice | |
| | | | Warming up (general & specific) & free hand • Rules explanation sessions | |
| | | | exercises. Basic & advanced skills. Rules and • | |
| | | | regulations. Real match situation. | |
| | | | <u>Athletics, Football & Volleyball:</u> | |
| August | 23 | | Basic concept and practice of games. General | |
| nugust | 20 | | fitness. Basics concept and practice of running and | |
| | | | Throwing events, Inter House Volleyball | |
| | | | Competition. | |
| | | | • <u>Basketball:</u> | |
| | | | Dribbling (Control dribble/Low dribble, Speed | |
| | | | dribble/High dribble, Front crossover dribble) | |
| | | | General Fitness 21 Game related match practice | |
| | | | Warming up (general & specific) & free hand • Rules explanation sessions | |
| | | | exercises. Basic & advanced skills. Rules and | |
| | | | regulations. Real match situation. | |
| | | Mid-Term | <u>Athletics & Volleyball:</u> | |
| September | 21 | Examination/Periodic | Basic concept and practice of games. General | |
| - | | Test-II | fitness. Basics concept and practice of running and | |
| | | | Throwing events. | |
| | | | Inter House Chess Competition | |
| | | | • <u>Basketball:</u> Chooting (Lower shot Overhead Underhand | |
| | | | Shooting (Layup shot: Overhead, Underhand, Jump shot) | |
| | | | | |
| ļ, | | 1 | TERM-II | |
| | | | General Fitness 19 Game related match practice | |
| | | | Warming up (general & specific) & free hand • Rules explanation sessions | |
| | | | exercises. Basic & advanced skills. Rules and | |
| | | | regulations. Real match situation. | |
| | | | • <u>Football:</u> | |
| October | 13 | | Basic fundamental skills, Ball control, Receiving, | |
| | | | dribbling, passing and shooting. | |
| | | | • <u>Basketball</u> | |
| | | | Shooting (Layup shot: Overhead, Underhand, | |
| | | | Jump shot) | |
| | | | • <u>Athletics</u> | |

| | | | Jumping events. | | |
|----------|----|-------------------|--|----|---|
| November | 23 | Periodic Test-III | <u>General Fitness</u> Warming up (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Real match situation. <u>Football</u>: Basic fundamental skills, Ball control, Receiving, dribbling, passing and shooting. <u>Basketball</u> Rebounding (Offensive rebound, Defensive rebound), Individual Defense (On the ball, Off the ball) <u>Athletics</u> Jumping events. | 16 | Game related match practice Rules explanation sessions |
| December | 22 | Pre-Board-I | <u>General Fitness</u> Warming up (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Real match situation. <u>Basketball:</u> Individual Defense (On the ball, Off the ball) <u>Athletics:</u> Basic concept and practice of games. General fitness Relay Races and Baton exchange | 23 | Game related match practice Rules explanation sessions |
| January | 22 | Pre-Board-II | <u>General Fitness</u> Warming up (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Real match situation. <u>Basketball</u> Basketball match practice and drills: - Set play, Zone defense, man to man defense <u>Athletics:</u> Long distance running event, Throwing events | 17 | Game related match practice Rules explanation sessions |
| February | 22 | | <u>General Fitness</u> Warming up (general & specific) & free hand exercises. Basic & advanced skills. Rules and regulations. Real match situation. Revision of the previous classes, match play. <u>Basketball:</u> Basketball match practice and drills: - Set play, Zone defense, man to man defense | 21 | Game related match practice Rules explanation sessions |

| March 20 • Preparation For The Term – End Examination |
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Subject : Yoga

| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Unit (Entire Book to be covered) | Tentative No. of Periods Required | Activities Proposed |
|-----------|---------------------------|---|---|--------------------------------------|------------------------------|
| | | | TERM-I | | |
| April | 23 | | Concept & Basis of yoga Micro exercise : Eye & Neck Asana : Ardha Padmasana, Vajrasana Breathing : Natural & Deep Mudra : Jnana Mudra | 15 | |
| May | 12 | | Micro Exercise :Neck, Shoulder & Waist Surya Namaskar Asana : Padmasana, Ardha Kurmasana Breathing :Natural & Deep | ELF | |
| June | 13 | Periodic Test-I | Revision of Previous Practices, Hip-joint, Knee, Ankle. Surya Namaskar Asana : Vakrasana, Gomukhasana Pranayama : Sheetali ,Sheetkari | 7 | • World Yoga Day. |
| July | 25 | | Yogic Jogging Surya Namaskar Asana : Tadasana ,Tiryaka tadasana Pranayama: Sheetali, Sheetkari | 16 | |
| August | 23 | | Surya Namaskar Asana : Padmasana, utthit Padmasana Pranayama : anuloma viloma, Sheetkari Mudra: Jnana, Chin Mudra | 16 | |
| September | 21 | Mid-Term Examination/Periodic Test-II | Surya Namaskar Asana :Garudasana ,ardha Chakrasana ,Padhastasana Pranayama :Kapalbhati ,Bhramari | 6 | |
| | | | TERM-II | | |
| October | 13 | | Surya Namaskar Asana :Birbhadrasana ,Parswa konasana Pranyama: Anuloma viloma ,Udgit Jnana Mudra ,Yoga Mudra | 5 | Inter House Yoga Competition |

| November | 23 | Periodic Test-III | Surya Namaskar Asana :Brikshasana, Natrajasana Pranayama : Anuloma Viloma, Bhramari Mudra : Kaki mudra |
|-------------|----|-------------------|---|
| December | 22 | Pre-Board-I | Surya Namaskar Asana : Vajrasana ,Ustrasana Pranayama : Anuloma Viloma Mudra : Nasikagra |
| January | 22 | Pre-Board-II | Surya Namaskar Asana : Sarvangasana, Halasana Pranayama : Anuloma Viloma, Bhramari Mudra : Vayu Mudra |
| February | 22 | | Revision Of all the Previous Practices 10 |
| March | 20 |] | · |
| ubject: Dan | | • | SERVICES |

Subject: Dance Prescribed Book: NA

| Months | No. of Working Days | Name of the Examination (As per School Policy Framed) | Chapters/Unit (Entire Book to be covered) | Tentative No. of Periods Required | Activities Proposed |
|--------|---------------------------|---|--|---|--|
| | | | TERM-I | | |
| April | 23 | | A brief history of Indian dance (Practical & Theory) | 04 | Warm-Up Bhumi Pranama Hand Gesture Facial Expression |
| May | 12 | | Basic foot and hand movements Kathak dance PUBLIC | | Warm-Up Previous Dance Practice New Semi-Classical dance (Bhajan) Holiday Project(Art Integration) Collect Data from text book or Internet : Reference from ancient text (vedic, puranic, epics and other scriptures). Evaluation of Kiathak dance in Pracheen Kal/Mandir Kal (Katha vachak and Rasdhar tradition, etc). Madhya Kal/Darbar kal, Adhunik Kal covering brisish and post independent era till the present time based. |
| June | 13 | Periodic Test-I | • Practice of basic standing position and various patterens of Tatkar. | 02 | Project Submission (HOLIDAY) Thekaa Aamad |

| July | 25 | | Inroduction for verious part of Kathak dance | 04 | Tatkaar Aamad Salaami Tukdaa Semi-Classical dance |
|-----------|----|---|--|----|---|
| August | 23 | | Independence Group Dance PracticeKrishna Janmastami Cellebration | 04 | Song SelectionStep CrationGroup dance |
| September | 21 | Mid-Term Examination/Periodic Test-II | Cont Krishna Janmastami Shree Ganesh Chaturthi Distinctive aspects of Kathak (Using Ghungroos, Costume etc). | 04 | Group danceSong selectionStep Creation |
| | | | TERM-II | | |
| October | 13 | - | Navaraatri Cellebration / Devotional Dance | 2 | Devi Stuti & Dandia dance |
| November | 23 | Periodic Test-III | Theme based group dance | 4 | Group dance practice for House function |
| December | 22 | Pre-Board-I | Introduce rajasthaniChristmas Cellebration | 4 | Theme based dance with carol |
| January | 22 | Pre-Board-II | Republic day Celebration | 3 | Patriotic theme based dance |
| February | 22 | | Group dance Test | 4 | Theory & PracticalActivity - Tatkaar, TukdaFolk dance |
| March | 20 | | | 2 | |

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