

# **DELHI PUBLIC SCHOOL GAYA**

(Under the aegis of the Delhi Public School Society, New Delhi) Affiliated to C.B.S.E., New Delhi Affiliation No.330530, School Code – 65572

## SPLIT-UP SYLLABUS FOR CLASS-VIII FOR THE ACADEMIC SESSION: 2024-25

Subject: English Prescribed Books:

Honeydew (National Council of Educational Research and Training)
 It so Happened (National Council of Educational Research and Training)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li><u>Book 1:</u></li> <li>The Best Christmas Present</li> <li>The Ant and the Cricket (Poem)</li> <li>The Tsunami</li> <li>Geography Lesson (Poem)</li> <li><u>Grammar:</u> Ch 1 Nouns (ex- b, f, h)</li> <li>Ch 2 Pronouns (ex- b)</li> <li>Ch 3 Adjectives (ex- b, c, e)</li> <li>Ch 4 Verbs (Ex- c, d, g, I, j, m, o)</li> <li><u>Book 2:</u></li> <li>How the Camel got his hump</li> <li>Children at work</li> </ul>	3 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	<ul> <li><u>Ch: The Best Christmas Present</u></li> <li><b>Debate:</b> Prepare a debate on the topic 'War Can End Conflicts'</li> </ul>
May	12		<ul> <li><u>Book 1</u></li> <li>Glimpses of the Past</li> <li>Bepin Choudhury's Lapse of Memory</li> <li><u>Grammar</u></li> <li>Finite and Non-finite Verbs (a, b)</li> </ul>	23	<ul> <li><u>Ch: Bepin Choudhury's Lapse of Memory</u></li> <li>Writing: Identify and highlight the most important part of the story according to you and justify.</li> </ul>
June	13		<ul> <li>Book 2</li> <li>The Selfish Giant</li> <li>The Tresure within</li> <li><u>Grammar</u></li> <li>Subject Verb Agreement <b>DUBLIC</b></li> <li>Essay Writing</li> <li>Revision for PT 1</li> </ul>	2 2 3 2 2	<ul> <li><u>Ch: The Selfish Giant</u></li> <li>Discussion:</li> <li>Agree or Disagree</li> <li>Selfless love could involve suffering for others. Owing things is human: sharing them is divine</li> </ul>
July	25	Periodic Test-I	<ul> <li><u>Grammar</u></li> <li>Modal Auxiliaries (a, b)</li> <li>Adverbs (a, b, c)</li> <li>Prepositions (b, c, d, e, f, h)</li> <li>Determiners (b, d, e)</li> <li><u>Book 1:</u></li> </ul>	2 2 3 2	<ul> <li><u>Ch: The Flight</u></li> <li>Discuss and Debate:</li> <li>It is better to fight for what you think is yours than to share it peacefully.</li> <li>A Society free of violence is unimaginable</li> </ul>

			The Last Bargain 2	
			• The Summit Within 3	
			• The School Boy	
			• <u>Book 2:</u>	
			Princess September	
			• The flight	
			• Writing 3	
			• Letter Writing	
			2	
			• <u>Book 1:</u>	<u>Ch: The Open Window</u>
			• This is Jody's Fawn 3	• Discuss: Is rural life healthier than city life?
			A Visit to Cambridge	
			• <u>Grammar:</u> 3	
			Conjunctions (ex: b)	
August	23		• Active and Passive Voice (Ex- a b c d)	
Tugust	20		• The Septence: An Overview ( $Fx$ - c d f g h) $3$	
			• Writing:	
			• Advertisement	
			<u>Revision</u> 2	
			3	2
			• <u>Book 2:</u>	• Ch: Jalebis
		Mid-Term	• Jalebis 4	• God should make everyone equal in terms of money:
September	21		• Writing:	Discuss
September		Examination	• Bio-Sketch with Hints 2	
			Revision for Mid Term     5	
			Book 1:	<u>Ch: A Short Monsoon Diary</u>
			A Short Monsoon Diary	<ul> <li>Write down the words that come to your mind when</li> </ul>
October	20		Grammar:	you see raindrops. Weave a story using them.
October	20			you see raindrops. weave a story using them.
			Direct and Indirect Speech     The Sentence (Ex; h, d)	
			• The Sentence (Ex. 0, u)	
			• <u>Grammar:</u> 5	<u>Ch: The Commet</u>
November	16		• Clauses (ex: b, e, a) 6	• Discuss the topic " there must be a planet beyond
itovember	10		• Transformation of Sentences (ex: c, e, f, g) 9	earth"
			• Revision PUBLIC	
			• <u>Book 1:</u>	• Ch: The Great Stone Face – I
			• On the Grasshopper and Cricket 2	• Deliver a speech on the topic "positive attitude leads
				to positive outcomes"
Deservice	22	Doviadia Tast II		•
December	23	reriouic Test-II	• Conditional Sentences (Ex: a, c) 3	
			Vocabulary (ex: c, e)	
			<ul> <li>Vocability (ex. c, e)</li> <li>Idioms (ex. b, d)</li> </ul>	
December	23	Periodic Test-II	<ul> <li>Revision</li> <li>Book 1:</li> <li>On the Grasshopper and Cricket</li> <li>Ancient Education System of India</li> <li>Grammar:</li> <li>Conditional Sentences (Ex: a, c)</li> </ul>	• Deliver a speech on the topic "positive attitude leads

			<u>Revision for PT 2</u>	4	
January	23		Revision		•
February	21	Term End	Revision		•
March	16	Examination	•		•

विषय : हिंदी निर्धारित पुस्तकें —

1. धरोहर भाग–8 (Sonka Publications INDIA Pvt Ltd) 2. व्याकरण आनंद भाग–8 (Sonka Publications INDIA Pvt Ltd)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
अप्रैल	23		<b><u>धरोहर भाग-8</u></b> पाठ-1 कोशिश करने वालों की पाठ-2 सदाचार का ताबीज़ <u>व्याकरण आनंद भाग-8</u> पाठ-1 भाषा लिपि और व्याकरण (सभी अभ्यास प्रश्न) पाठ-2 वर्ण-विचार (सभी अभ्यास प्रश्न) पाठ-3 शब्द विचार (सभी अभ्यास प्रश्न) <b>कक्षा जाँच परीक्षा</b>	02 03 01 01 01 01 04	<ul> <li>भ्रष्टाचार को जड़ से खत्म करने के लिए जानकारी एकत्र कीजिए तथा कक्षा में अध्यापक / अध्यापिका की सहायता से चर्चा कराना।</li> <li>भारत में बोली जाने वाले विभिन्न भाषाओं की सूची बनाना।</li> </ul>
मई	12		धरोहर भाग–8 पाठ–4 मंत्र व्याकरण आनंद भाग–8 पाठ–5 संज्ञा (अभ्यास प्रश्न–5,6,7,9,10,11) बहुविकल्पीय प्रश्न पाठ–6 लिंग (अभ्यास प्रश्न–3,5,6,7,8,9) बहुविकल्पीय प्रश्न कक्का जाँच परीक्षा	03 01 01 02	<ul> <li>लू लगने पर पर क्या प्राथमिक चिकित्सा दी जा सकती है अपने अभिभावक की सहायता से पूछकर लिखना।</li> </ul>
जून	13		<u>धरोहर भाग–8</u> पाठ–5 बसंती हवा व्याकरण आनंद भाग–8 पाठ–4 वाक्य (अभ्यास प्रश्न–2,3,45,6,9,10) बहुविकल्पीय प्रश्न पाठ–7 वचन (अभ्यास प्रश्न–3,4,5,6,7) बहुविकल्पीय प्रश्न कक्षा जाँच परीक्षा	02 02 02 02	<ul> <li>बंसत ऋतु को दर्शाने वाले चित्रों का एक अलबम तैयार कीजिए।</li> </ul>

जुलाई	25	Periodic Test-I	धरोहर भाग	03 03 02 02 02 02 04	<ul> <li>यातायात के साधनों के विकास क्रम का चार्ट बनवाना।</li> </ul>
अगस्त	23		<u>धरोहर भाग–8</u> पाठ–8 घीसा पाठ–9 माँ कह एक कहानी व्याकरण आनंद भाग–8 पाठ–21 विलोम शब्द पाठ–23 अनेक शब्दों के लिए एक शब्द पाठ–31 अपठित गद्यांश पाठ–33 पत्र–लेखन पाठ–34 अनुच्छेद लेखन कक्षा जाँच परीक्षा	03 03 03 03 03 03 03 03	<ul> <li>अपने आदर्श पुरुष या महिला (कोई खिलाड़ी, वैज्ञानिक, नेता या अभिनेता) की विशेषताओं को अपने शब्दों में सचित्र वर्णन करवाना।</li> <li>गुरु द्रोणाचार्य और एकलव्य कहानी का कक्षा में मंचन करवाना।</li> </ul>
सितम्बर	21	Mid-Term Examination	धरोहर भाग–8 पाठ–10 अपराजिता व्याकरण आनंद भाग–8 पाठ–25 समान लगने वाले भिन्नार्थक शब्द पाठ–27 मुहावरें कक्षा जाँच परीक्षा	08 08 05	<ul> <li>अनेक शब्दों के लिए एक शब्द 'आइसक्रीम स्टिक' का प्रयोग करते हुए एक परियोजना तैयार करवाना।</li> </ul>
अक्टूबर	20		धरोहर भाग–8 पाठ–12 मुंशी प्रेमचंद पाठ–13 जीवन नहीं मरा करता है <u>व्याकरण आनंद भाग–8</u> पाठ–11 क्रिया (अभ्यास प्रश्न–3,4,5,6,7) बहुविकल्पीय प्रश्न पाठ–12 काल (अभ्यास प्रश्न–2,3,4) बहुविकल्पीय प्रश्न पाठ–13 वाच्य (अभ्यास प्रश्न–1,2,3) बहुविकल्पीय प्रश्न <b>कक्षा जाँच परीक्षा</b>	03 03 02 01 02 02 03	<ul> <li>आपके घर में दादा–दादी / नाना–नानी होंगे उनसे उनकी शिक्षा और बाल्यकाल के विषय में जानकारी एकत्र कर उनके जीवन के कुछ रोचक विषय कक्षा में सुनाना।</li> </ul>

			धरोहर भाग–8		
			<u>पराहर गान-6</u> पाठ-14 वारिस	02	<ul> <li>उपसर्ग और प्रत्यय पर परियोजना तैयार कराना।</li> </ul>
			पाठ—14 पारिस पाठ—15 शेर शिवाजी		
				02	
नवम्बर	16		व्याकरण आनंद भाग-8		
			पाठ–14 अविकारी शब्द (सभी अभ्यास प्रश्न)	01	
			पाठ—15 उपसर्ग और प्रत्यय (अभ्यास प्रश्न—2,4,5,7)	02	
			बहुविकल्पीय प्रश्न		
			कक्षा जाँच परीक्षा	03	
			धरोहर भाग-8		<ul> <li>एक चार्ट तैयार करवाना जिसमें समास के भेदों को</li> </ul>
			पाठ–17 दोहावली	03	वृक्षों के माध्यम से दर्शाया गया हो।
			व्याकरण आनंद भाग-8		
		Periodic Test-II	पाठ—संधि	04	
	23		पाठ-समास	03	
दिसम्बर			पाठ-विराम चिहन BEFOR	03	
िराग्वर			पाठ–22 पर्यायवाची शब्द	03	
			पाठ–23 अनेकार्थी शब्द	03	
			पाठ–26 शब्दों के सूक्ष्म अर्थ भेद	CL = 03	
				03	
			पाठ-27 लोकोक्तियाँ		
			कक्षा जाँच परीक्षा		
			धरोहर भाग-6		• हिन्दी व्याकरण में बच्चों को अलंकार विषय पर
			पाठ–18 स्नेह	03	पी०पी०टी० तैयार करवाना।
			व्याकरण आनंद भाग-6		
जनवरी	23		पाठ—19 पद परिचय (सभी अभ्यास प्रश्न)	05	
			पाठ—28 अलंकार (सभी अभ्यास प्रश्न)	05	
			कक्षा जाँच परीक्षा	03	
फरवरी	21	Term End	पुनरावृत्ति कार्य	18	
मार्च	16	Examination			
119	10				

Subject : Mathematics Prescribed Book :- Mathematics for Class-VIII by (R S Aggarwal (Publication: Bharti Bhawan) PI IRI 10

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li>CH-1 Rational Number</li> <li>About rational numbers and its comparison</li> <li>Representation of rational number on real line.</li> <li>Addition, subtraction, multiplication,</li> </ul>	12	• Take 2 equivalent rational numbers of any negative rational number and represent them on two different number lines.

			<ul> <li>division and properties of rational number.</li> <li>Finding the rational numbers between two given rational numbers.</li> <li>Selected word problems.</li> <li>End of Topic Test</li> <li>CH-2 Exponents</li> <li>Positive and negative integral exponent of a rational number.</li> <li>Laws of exponents and its applications.</li> <li>Numbers in Standard form.</li> <li>End of Topic Test</li> <li>CH-3 Squares and Square Roots</li> <li>Concept of Perfect Squares.</li> <li>Properties of Perfect Squares.</li> <li>Short-cut methods of squaring a number.</li> </ul>	2 6 1 2	
May	12		<ul> <li>CH-3 Squares and Square Roots (cont)</li> <li>Concept of Square Roots</li> <li>To find square root by the long division method.</li> <li>Square roots of numbers in decimal form.</li> <li>Square roots of fractions.</li> <li>End of Topic Test</li> <li>CH-4 Cubes and Cube Roots (cont.)</li> <li>Cube of a number.</li> <li>Properties of cubes of numbers.</li> <li>Short-cut methods for finding the cube of two-digit number.</li> </ul>	7	• Make a rotating wheel to represent square roots of first 30 Natural numbers.
June	13		CH-4 Cubes and Cube Roots <ul> <li>Concept of Cube Roots</li> <li>End of Topic Test</li> <li>**Revision**</li> </ul>	5 1 7	• Express 5 <sup>3</sup> as the sum of five consecutive odd numbers.
July	25	Periodic Test-I	<ul> <li>CH-6 Operation on Algebraic Expressions</li> <li>Addition and subtraction of algebraic expressions.</li> <li>Multiplication and division of algebraic expressions.</li> <li>Special identities and its applications.</li> <li>CH-7 Factorization <ul> <li>Concept of factors and the methods of factorization.</li> <li>Factorization by grouping.</li> <li>Factorization based on identities.</li> </ul> </li> </ul>	6 10	<ul> <li>Verify the formulae:</li> <li>(a + b)<sup>2</sup> = a<sup>2</sup> + 2ab + b<sup>2</sup>;</li> <li>(a - b)<sup>2</sup> = a<sup>2</sup> - 2ab + b<sup>2</sup>;</li> <li>(a+b) (a-b)=a<sup>2</sup> - b<sup>2</sup></li> </ul>

			<ul> <li>Factorization of quadratic trinomials.</li> <li>CH-8 Linear Equations</li> <li>Concept of linear equations and their solutions.</li> <li>Rules for solving a linear equation</li> <li>Applications of linear equations (selected word problems)</li> <li>End of Topic Test</li> </ul>	6	
August	23		<ul> <li>CH-9 Percentage <ul> <li>Concept of Percentage and its applications.</li> <li>End of Topic Test</li> </ul> </li> <li>CH-10 Profit and Loss <ul> <li>Concept of Profit and Loss</li> <li>To learn the formulae and it's applications.</li> <li>Concept of discount and its applications.</li> <li>End of Topic Test</li> </ul> </li> <li>Ch-11 Compound Interest <ul> <li>Concept of compound interest and its application.</li> <li>Calculating compound interest by using formulae.</li> <li>Interest compounded half -yearly.(selected word problems)</li> <li>End of Topic Test</li> </ul> </li> </ul>		<ul> <li>To understand different concepts of commercial mathematics by classroom games.</li> <li>Enact a drama between a bank manager and a customer based on the rate of interest in various banks.</li> </ul>
September	21	Mid-Term Examination	<ul> <li>CH-12 Direct and Inverse Proportions</li> <li>Concept of Direct and Inverse Proportions.</li> <li>Word problems.</li> <li>**Revision + Exam**</li> </ul>	7	• To verify the concept of inverse proportions by a role play.
October	20		<ul> <li>CH-14 Polygons <ul> <li>Introduction of curves and its types.</li> <li>Concept of polygons (regular and irregular polygons)</li> </ul> </li> <li>The measurement of exterior and interior angles of polygons by using formulae.</li> <li>End of Topic Test</li> <li>CH-15 Quadrilaterals</li> <li>Concept of quadrilaterals and its types.</li> <li>Angle sum properties of quadrilaterals.</li> <li>End of Topic Test</li> <li>CH-16 Parallelograms</li> <li>Special types of quadrilaterals and its</li> </ul>	5 1 5 1 6	<ul> <li>To verify that the sum of all exterior angles of a polygon is equal to 360° by paper cutting and pasting.</li> </ul>

			<ul><li>properties.</li><li>End of Topic Test</li></ul>	2	
November	16		<ul> <li>CH-18 Area of Trapezium and Polygon         <ul> <li>The area of trapezium by using formulae and its proof.</li> <li>Area of a polygon (quadrilaterals and irregular polygons).</li> </ul> </li> <li>CH-21 Data Handling         <ul> <li>Terms related to data handing(data, raw data, range)</li> <li>Frequency distribution</li> <li>Grouping of data</li> <li>Histogram</li> <li>End of Topic Test</li> <li>Revision</li> </ul> </li> </ul>	5 5 2 4	• Construct a histogram based on the data of the students of class VIII present in each week in the month of August.
December	23	Periodic Test-II	<ul> <li>CH-20 Volume and Surface Area of Solids</li> <li>To find volume and surface area of a cuboid, cube and cylinder by using formulae.</li> <li>End of Topic Test</li> </ul>		• Take a cylindrical hollow object and find the volume of the material used in it.
			<ul> <li>CH-22 Introduction to Coordinate Geometry</li> <li>Quadrants</li> <li>Coordinates of a point.</li> <li>End of Topic Test</li> <li>CH-23 Line graph and Linear graph</li> </ul>	4 2 6	• Construct a Pie Chart by using cardboard based on the percentage of various types of water found on the Earth.
January	23		<ul> <li>Draw a line graph, double line graph and learn reading the double graph.</li> <li>End of Topic Test CH-24 Pie Chart</li> <li>Formula to find the central angle for a component</li> <li>Construction of a pie chart for a given data</li> <li>End of Topic Test</li> </ul>	23	• Take 2 dice and throw 10 times at random. Note the outcomes as ordered pair and draw a line graph by plotting the greater number of each order pair along X axis and the smaller number along Y axis.
	•		<ul> <li>CH-25 Probability</li> <li>Introduction to the probability and terms related to it.</li> <li>Some experiments and their outcomes.</li> <li>End of Topic Test</li> </ul>	4 1 21	
February	21 16	Term End Examination	Revision     Revision	16	
March	10	Examination	• IXVISIUII	10	

Subject : Science and Technology Prescribed Book :- 1. Lakhmir Singh's Science (S. Chand School Books)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li>Ch 1: Crop Production and Management</li> <li>Ch 2: Micro-organisms: Friend and Foe</li> <li>Ch 9: Force and Pressure</li> <li>Class Test (Ch 1,2)</li> </ul>	9 9 4 1	<ul> <li>To observe the presence of moisture in soil.</li> <li>To check the quality of seeds using water.</li> <li>To study the process of fermentation using yeast.</li> <li>Experimentally verify that the effect of force depends on its magnitude and the area over which it acts.</li> </ul>
May	12		<ul> <li>Ch 9: Force and Pressure (<i>Continued</i>)</li> <li><i>Class Test (Ch 2,9)</i></li> <li>Summer Assignment</li> </ul>		<ul> <li>Design a model to show how air pressure helps liquids to rise through a straw.</li> <li>Explain the working principle of a rubber dropper.</li> <li>To show that liquid pressure depends only upon the height of the liquid column and not the volume of the liquid.</li> <li>To show that increase in weight will increase the static friction between two surfaces.</li> <li>Demonstrate that static friction is more than sliding friction and rolling friction (<i>To be assessed in (Multiple Assessment)</i>).</li> <li>To show that different materials have different ignition temperature.</li> <li>To burn a candle in a glass full of water (Fun game)</li> </ul>
June	13		<ul> <li>Ch 4: Coal and Petroleum</li> <li>Class Test (Ch 4)</li> </ul>	7 3 1	<ul> <li>List out the calorific value of different fuels.</li> <li>Find out about the major thermal power plants in India and reasons for their selective location.</li> <li>Make a report on how to increase the use of renewable sources of energy.</li> </ul>
July	25	Periodic Test-I	<ul> <li>Ch 7: Reproduction in Animals</li> <li>Ch 13: Pollution of air and water</li> <li>Revision for PT-I</li> </ul>	8 9 1	<ul> <li>Make a report citing differences between <ul> <li>(a) fertilized eggs and unfertilized eggs.</li> <li>(b) broilers and layers.</li> </ul> </li> <li>Project based on air pollution in different cities in India.</li> </ul>
August	23		<ul> <li>Ch 5: Conservation of Plants and Animals</li> <li>Class Test (Ch 5)</li> <li>Revision (Question Bank)</li> </ul>	8 1 10	• Prepare a project on National parks and Sanctuaries and mark them on a map of India.
September	21	Mid-Term Examination	<ul> <li><i>Revision</i></li> <li><i>Class Test</i> (Entire syllabus of mid-term)</li> <li>(Discussion of Common mistakes, test</li> </ul>	2 1 2	•

			corrections in the notebook)	
October	20		<ul> <li>Ch 11: Light 10</li> <li>Class Test (Ch 5 &amp; Ch 11) 1</li> <li>DP vacation/Diwali Vacation (Assignment)</li> </ul>	<ul> <li>To show the phenomenon of Multiple Reflection by using Kaleidoscope.</li> <li>To verify the laws of reflection.</li> <li>To study how different sounds are produced by different types of Musical instruments.</li> <li>Analyse the difference in frequency of sound produced by using tuning forks.</li> </ul>
November	16		<ul> <li>Ch 3: Materials: Metal and non-metal</li> <li>Ch 6: Cell structure and function</li> <li>Class Test (Ch 3 &amp; Ch 6)</li> </ul>	<ul> <li>To illustrate the sound wave and characteristics of sound (Graph of sound wave). (associated with summer vacation assignment and Sonorous property of metal).</li> <li>Experiment: To perform the precipitation reaction.</li> <li>To study that air and moisture are necessary for rusting.</li> <li>Preparing temporary mount of onion peel.</li> <li>To observe the structure of prokaryotic and eukaryotic organisms using permanent slides.</li> </ul>
December	23	Periodic Test-II	<ul> <li>Ch 8: Reaching the Age of Adolescence 11</li> <li>Ch 10: Some Natural phenomena 10</li> <li>Class Test (Ch 8 &amp; Ch 10) 1</li> <li>Revision for PT-II</li> </ul>	<ul> <li>Collect information about AIDS from various magazines and newspapers and make a report of it.</li> <li>Create awareness among students about sexbased/gender-based discrimination that exists in our society.</li> </ul>
January	23		<ul> <li>Ch 12: Stars and solar system</li> <li>Revision (Question Bank)</li> <li>Class Test (Entire syllabus of Final Exams)</li> </ul>	<ul> <li>Make a scale model of solar system labelling distance between different planets.</li> <li>Draw the diagrams of different constellations on a chart paper.</li> <li>Project: Prepare a chart paper and mention the important points about the planet and paste a picture of the same planet beside your description.</li> <li>Extra Activity:</li> <li>Demonstration of electrolysis of water.</li> <li>To observe chemical effect of electricity during copper plating on iron nail.</li> </ul>
February	21	Term End Examination	<ul> <li>Revision (Question Bank)</li> <li>(Discussion of Common mistakes, test corrections in the notebook)</li> </ul>	
March	16		Revision	

Subject- Social Science

Prescribed Books:- 1. Our Pasts- III, NCERT

Resources and Development, NCERT
 Social and Political Life, NCERT

		. Social and Pollucal Life, N			
Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapter/Unit (Entire Book to Covered)	Tentative No. of Periods Required	Activity Proposed
April	23		<ul> <li>History: Ch-1: How, when and where</li> <li>Civics:Ch-1: The Indian Constitution</li> <li>History: Ch-2: From Trade to Territory</li> <li>Civics: Ch-2:Understanding Secularism</li> </ul>	20	<ul> <li>Skit on the formation and working of the Constituent Assembly.</li> <li>Time-line making about the important events during the expansion of the East India Company in the sub-continent.</li> <li>Showing of documentary related to secularism</li> </ul>
May	12		<ul> <li>Geography:Ch-1Resource</li> <li>History:Ch-3Ruling the Country Side</li> <li>Civics:Ch-3Parliament and making of the laws.</li> </ul>		<ul> <li>Poster making on the topic–"Resource conservation is actually resource creation"</li> <li>Map pointing for the several changes in different parts of the subcontinent during the course of expansion by East India Company.</li> <li>Mock Parliament</li> </ul>
June	13		<ul> <li>Geography:Ch-2Land Soil, Water, Natural Vegetation and wild life Resources</li> <li>History: Ch-4Tribal, Dikus and the vision of a golden Age.</li> </ul>		<ul> <li>Working model to suggest ways to conserve and protect soil.</li> <li>Debate on-"Tribal autonomy and life support system."</li> <li>Collage making from newspaper for the new laws that came into existence in this year.</li> </ul>
July	25	Periodic Test-I	<ul> <li>Civics: Ch-4 The Judiciary.</li> <li>Civics: Ch-5 Understanding Marginalisation</li> <li>History: Ch-5 When people rebel</li> </ul>	20	<ul> <li>Map pointing for the important center of revolt against East India Company.</li> <li>An integrated flow chart of Indian Judiciary system.</li> <li>Collecting types of clothes and finding about the region of subcontinent to which they belonged.</li> <li>Distribution of minerals on the political map of world and India.</li> <li>Enactment of a criminal trial.</li> </ul>
August	23		<ul> <li>Civics:Ch-6 Confronting Marginalisation</li> <li>Geography:Ch-3 Agriculture</li> <li>Civics: Ch-7 Public Facilities</li> <li>History:Ch-6Civilizing the Native- Educating the Nation</li> </ul>	20	<ul> <li>Suggest five ways to be an ally to marginalized groups</li> <li>Mind map for the changes in Indian education system from Pre-British era.</li> <li>A case study on several public facilities provided in particular area.</li> </ul>

					• Prepare a chart showing the difference between the lifestyle of farmers in the developed countries and India on the basis of pictures collected from magazines, newspapers and the internet
September	21	Mid-Term Examination	<ul> <li>Civics:Ch-8 law and social justice</li> <li>Revision + Map Practice</li> </ul>	4	• Prepare a list of important laws related to women safety and domestic violence.
October	20		History:Ch-7Women, Caste and Reform	16	• Diagram of different social reformer, their ideology, areas and important contribution to the society.
November	16	-	<ul> <li>Geography:Ch-4 Industries</li> <li>History:Ch-8 The Making of the National Movements 1870s-1947</li> </ul>	12	<ul> <li>Timeline preparation for the important events between 1857 and 1947.</li> <li>An analytical report on any of tragedy like Bhopal gas tragedy.</li> <li>Explore environmental laws mentioned in the Indian Constitution.</li> </ul>
December	23	Periodic Test-II	Revision + Map Practice	LF	• Prepare a chart showing the difference between the lifestyle of farmers in the developed countries and India on the basis of pictures collected from magazines.
January	23		<ul> <li>Geography:Ch-5 Human Resources</li> <li>Revision + Map Practice</li> </ul>	8	<ul><li>Choropleth map making on population density.</li><li>A skit on making of the independent India.</li></ul>
February	21	Term End	Revision + Map Practice		• Map pointing from History and Geography
March	16	Examination	•		
विषय : संस्कृत निर्धारित पुस्तकें —		ाग—3 (NCERT) कृत व्याकरण (Arya Book Dej	pot Publications.)	To	

	No. of	Name of the Examination		Tentative No. of	
Months	Working	(As per School Policy	Chapters/Unit (Entire Book to be covered)	Periods	Activities Proposed
	Days	Framed)		Required	
			पाठ–1 सुभाषितानि (रुचिरा)	4	<ul> <li>चार्ट पेपर में नीतिपरक श्लोक तथा उनके अर्थ</li> </ul>
अप्रैल	23		पाठ-2 शब्दरूपाणि PUBLIC	2	लिखें।
जप्रल	25		पाठ–3 कारकाः उपपदविभक्तयः च (व्याकरणम्)	3	
			अध्यायस्य अन्तिमे परीक्षा	2	
			पाठ–४ संख्यापदानि (व्याकरणम्)	3	<ul> <li>चार्ट पेपर में संस्कृत संख्या के आधार पर चित्र</li> </ul>
मई	12		अध्यायस्य अन्तिमे परीक्षा	1	निर्माण करें।
			पाठ–3 डिजीभारतम् (रुचिरा)	3	<ul> <li>पठ्, गम, लिख्– धातुओं के रूप पाँच लकार में</li> </ul>
जून	13		पाठ–5 धातुरुपाणि (व्याकरणम्)	3	सुंदर और स्पष्ट अक्षर में लिखें।
			अध्यायस्य अन्तिमे परीक्षा	2	3

		पाठ–9 सप्तभगिन्यः (रुचिरा)	3	• चार्ट पेपर में भारत का मान चित्र बनाकर राज्यों क
			3	
25	Periodic Test-I		3	उल्लेख करना तथा राज्य के लोक नृत्य को दर्शान
			3	
			2	
			3	<ul> <li>संधि के भेदों को दर्शाते हुए चार्ट निर्माण करें।</li> </ul>
23			3	
			3	
21		पुनरावृत्तः	6	
	Examination			
			3	<ul> <li>चार्ट पेपर राजस्थान में निर्मित प्राचीन तालाबों का</li> </ul>
20			3	चित्र संग्रह करके नाम लिखें।
			2	
			3	<ul> <li>अध्याय से श्लोक एवं श्लोकों के अर्थ चार्ट पेपर प</li> </ul>
16			3	लिखें।
			2	
		पाठ–11 सावित्रीबाईफुले (रूचिरा)	ELE 37	<ul> <li>चार्ट पेपर में सावित्रीबाई फुले महोदया की सुं</li> </ul>
23	Periodic Test-II		3	तस्वीर लगाकर उनकी कृतियों के बारे में तथा उन
		अध्यायस्य अन्तिमे परीक्षा	2	सामाजिक क्रियाकलापों के बारे में लिखें।
		पाठ–12 कः रक्षति कः रक्षितः	4	<ul> <li>चार्ट पेपर में सुंदर स्वच्छ पर्यावरण का चित्र (ग्रामी</li> </ul>
			5	दृश्य) चिपकाकर उसके आधार पर पाँच वा
23				संस्कृत में लिखें।
			2	
21	Term End	पुनरावृत्तिः		
	Examination			
	23 21 20 16 23 23	23Mid-Term Examination21Mid-Term Examination2016162323Periodic Test-II	25       Periodic Test-I       पाठ–14 अपठित गद्यांश पाठ–15 चित्रवर्णनम् (व्याकरणम्)। अध्यायस्य अन्तिमे परीक्षा         23       पाठ–7 भारतजनताऽहम् (रुचिरा) पाठ–6 संधिः पाठ 16 पत्रलेखनम् (व्याकरणम्) अध्यायस्य अन्तिमे परीक्षा         21       Mid-Term Examination       पुनरावृत्तिः         20       पाठ–8 संसारसागरस्य नायकाः (रुचिरा) पाठ–8 प्रत्ययाः (व्याकरणम्) अध्यायस्य अन्तिमे परीक्षा         20       पाठ–10 नीतिनवनीतम् (रुचिरा) पाठ–9 अव्ययाः (व्याकरणम्) अध्यायस्य अन्तिमे परीक्षा         16       पाठ–10 नीतिनवनीतम् (रुचिरा) पाठ–10 उपसर्गाः (व्याकरणम्) अध्यायस्य अन्तिमे परीक्षा         23       Periodic Test-II       पाठ–12 कः रक्षति कः रक्षितः पाठ–14 आर्यभृङः (रुचिरा) पाठ–14 आर्यभृङः (रुचिरा) पाठ–14 आर्यभृङः (रुचिरा) पाठ–14 आर्यभृङः (रुचिरा)	25         Periodic Test-I         पाठ-14 अपठित गद्यांश पाठ-15 चित्रवर्णनम् (व्याकरणम्)।         3           23         पाठ-7 भारतजनताऽहम् (रुचिरा)         3           23         पाठ-7 भारतजनताऽहम् (रुचिरा)         3           23         पाठ-7 भारतजनताऽहम् (रुचिरा)         3           24         पाठ-6 संधिः         3           25         Wid-Term Examination         पाठ-8 संसारसागरस्य नायकाः (रुचिरा)         3           20         पाठ-8 संसारसागरस्य नायकाः (रुचिरा)         3           20         पाठ-10 नीतिनवनीतम् (रुचिरा)         3           18         पाठ-11 सावित्रीबाईफुले (रुचिरा)         3           23         Periodic Test-II         पाठ-11 सावित्रीबाईफुले (रुचिरा)         3           23         पाठ-12 क: रक्षति क: रक्षितः         4           24         पाठ-12 क: रक्षति क: रक्षितः         4           25         पाठ-12 क: रक्षति क: रक्षितः         4           26         पाठ-14 आर्थमटु: (रुचिरा)         5           27         पाठ-11 सावज्रीवान्म परीक्षा         2

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li>CH-1 Networking</li> <li>CH-2 Emerging Trends</li> <li>End of the Topic Test</li> </ul>	06 01	Collect information about the latest developments in the field of wireless technologies and make a collage for your computer lab
May	12		<ul> <li>CH-2 Emerging Trends (Contd)</li> <li>End of the Topic Test</li> </ul>	02 01	• Think of software solution that can be created to remove, decrease or control the problem faced by grocery store.

June	13		<ul> <li>CH-6 Links and Frames in HTML</li> <li>End of the Topic Test</li> </ul>	02 01	Ask the student to create an HTML document on CSS Text vs CSS Fonts. The web page should contain two frames wherein one frame will display Text properties and the other Font properties. Use unordered list to display the properties in each frame.
July	25	Periodic Test-I	<ul> <li>CH-5Introduction to App Development</li> <li>End of the Topic Test</li> </ul>	06 01	• Prepare a chart on Desktop app, Mobile App, and Web App
August	23		<ul> <li><i>CH- 8</i> Iterative Statement in Python</li> <li><i>End of the Topic Test</i></li> </ul>	06 01	<ul> <li>WAP –</li> <li>To calculate the sum of all numbers from 1 to a given number</li> <li>To print the digit of a given number in reverse order.</li> </ul>
September	21	Mid-Term Examination	CH-7 Using loop in MakeCode	06 01	• Create a project in Make Code to display the first ten odd and even numbers.
October	20		<ul> <li>CH- 3Animation in Krita</li> <li>End of the Topic Test</li> </ul>	04 01	Create an animation in Krita to show the different phases of Moon
November	16		CH-9Big Data     End of the Topic Test     Revision	04 01	Prepare a Chart on Big Data in Healthcare industry
December	23	Periodic Test-II	CH-10 Data Science     End of the Topic Test	05 01	Create a PowerPoint presentation on 'Data Science' and present it in your class.
January	23		<ul> <li>CH-10 Data Science (Contd)</li> <li>Revision</li> </ul>	05 01	•
February	21	Term End	Revision		•
March	16	Examination		0	•

# Subject: German Prescribed Books:

Prescribed Books: 1. Hello Deutsch-3

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	<b>PUBLIC</b> Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li>Modul-5</li> <li>Lektion-1</li> <li>Stefan, Wie Geht's dir?</li> <li>die Namen der Körperteile mit dem Artikel</li> </ul>	04	<ul> <li>At the Kiosk</li> <li>Menu</li> <li>Song: Keinen</li> <li>Apfel,bitte!</li> </ul>

×141

			Krankheit und Medikamente	• E-mail schreiben
			<ul> <li>die Meinung des Arztes</li> </ul>	
				Reading Comprehension
			Definit Artikel	
			Nom Akk Dativ	
			Personal Pronomen	
			• Nom Akk Dativ	
			Interrogativ Pronomen	
			• wer wen wem	
			• Imperative (du/ihr/Sie)	
			• E-mail (Lying sick in bed)	
			• End of Topic Test	
			Modul-5	• Word Puzzle
			• Lektion-2	Tina's Time table
			Gesund Leben	Song: Hast du allesmit
May	12		<ul> <li>Gesund Leben</li> <li>Modal verben dürfen, sollen</li> <li>Subordingte glauge i weil</li> </ul>	E-mail schreiben
v			Subordinate clause : weil	Reading
			• E-mail (To stay fit and healthy)	Comprehension
			• End of Topic Test	E 7
			Revision	• Word Puzzle
				Tina's Time table
				Song: Hast du allesmit
June	13			E-mail schreiben
				Reading
				Comprehension
			Modul-5	
				8
			• Lektion-3	Well known TV programmes
			• Was hast du für deine Gesundheit getan?	Class survey
July	25	Periodic Test-I	Tense: Partizip Perfekt	Word puzzle
	-		Perfekt mit haben oder sein	• E-mail schreiben
			• Regelmäßig/Unregelmäßig	Reading
			• E-Mail (At the Hospital)	Comprehension
			End of Topic Test	
			Revision	• Tina's daily routine
			<ul> <li>Revision</li> <li>Imperative (du/ihr/Sie)</li> </ul>	Weekly routine
			Partizip Perfekt	• Interview
A	22		Regelmäßig/Unregelmäßig	Word puzzle
August	23		Modal verben	• Song: Was machst du um siebenUhr?
			• sollen, dürfen,	• E-mail schreiben
			Subordinate clause : weil	Reading
			End of Topic Test	Comprehension
· I	L	J	Lin of topic 105i	- Comptenension

September	21	Mid-Term Examination	<ul> <li>Modul-6 Lektion-1</li> <li>Wo ist Tina?</li> <li>Interrogativ Pronomen: Wo</li> <li>Präposition : (in Dative case) an/in/hinter/vor/neben</li> <li>Verb : Wissen</li> <li>End of Topic Test</li> </ul>	04	<ul> <li>At the Kiosk</li> <li>Interview</li> <li>Writing SMS</li> <li>Word puzzle</li> <li>Song: Hast du fürTalente?</li> <li>E-mail schreiben</li> <li>Reading</li> <li>Comprehension</li> </ul>
October	20		<ul> <li>Modul-6</li> <li>Lek tion-2</li> <li>Has t du lus t ins Kino z u g ehen?</li> <li>In t err og a tiv Pr onomen : W ohin</li> <li>Pr äposition : (in Da tiv e c ase) in/ auf</li> <li>In finitiv e mit z u</li> <li>E- Mail (Ho w do w e g o t o school)</li> <li>End of Topic Test</li> </ul>	04	<ul> <li>Activity with stationery items</li> <li>Song:Grün,Grün,GrünsindallemeineKleider</li> <li>E-mail schreiben</li> <li>Reading</li> <li>Comprehension</li> </ul>
November	16		<ul> <li>Modul-6</li> <li>Lek tion-3</li> <li>Or dnung muss Sein!</li> <li>Akk und Dativ Pr äposition</li> <li>Akk und Da tiv v erben</li> <li>Wo und W ohin (In t err og a tiv pr onomen)</li> <li>E - Mail / Brie f Schr eiben</li> <li>End of Topic Test</li> </ul>		<ul> <li>Class survey</li> <li>Weather report</li> <li>Speech Cards</li> <li>Interview</li> <li>Song: Wohinfährst du in den Urlaub?</li> <li>E-mail schreiben</li> <li>Reading</li> <li>comprehension</li> </ul>
December	23	Periodic Test-II	<ul> <li>Modul-6</li> <li>Lek tion-3</li> <li>Or dnung muss Sein!</li> <li>Verbs of P osition</li> <li>Stellen, s t ehen, sitz en,</li> <li>lieg en, lieg en, häng en</li> <li>Konjunk tionen aber, denn, oder, und, sondern</li> <li>Konjunctionen mit z w ei Te ilen</li> <li>zw araber nich t nursondern auch</li> <li>E- mail schr eiben</li> <li>Absatz schr eiben (Mein zimmer)m</li> <li>End of Topic Test</li> </ul>	04	<ul> <li>List birthdays and star signs</li> <li>Interview</li> <li>Birthday invitation</li> <li>Song: Zum</li> <li>GeburtstagvielGlück!</li> <li>E-mail schreiben</li> <li>Reading</li> <li>Comprehension</li> </ul>
January	23		Revision for Annual Examination	04	
February	21	Term End	Revision for Annual Examination	04	
March	16	Examination	Annual Examinations		

# Subject : Art & Craft Prescribed Book :- Develop Your Art Skills

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li>Tools of drawing</li> <li>Basic element form of art (Lines, Shapes, Forms)</li> </ul>	1 3	Display board activity
May	12		• Techniques of art (perspective)	2	• -
June	13		Line drawing	2	• Observe the perspective around us
July	25	Periodic Test-I	• Shading (landscape, nature, birds, animals)	4	Drawing competition
August	23		Pencil shading(part of the human face)     human figure	2	Tri colour flag making
September	21	Mid-Term Examination	Term I Exams	5	• N.A
October	20		Colours-advance level	2 2	Colour printing on paper
November	16		Colour composition	3	Rangoli competition
December	23	Periodic Test-II	Craft work-greeting card, stencils	3	Christmas card making
January	23		Calligraphy     Cartooning	2 2	Carton from paper name board design
February	21 16	Term End Examination	Spray painting using brush     Term II Exams	6 4	• N.A
March	10	Examination	• Term II Exams		•

# Subject : Physical Education

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	<b>PUBLIC</b> Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li>Football- Basic fundamental skills</li> <li>Wushu - Basic concepts of sand</li> <li>Self Defence- Basic of self Defence</li> <li>Badminton - Fundamental skills: grip (backhand</li> </ul>	21	<ul><li>Game related match practice</li><li>Football self defence</li><li>Badminton</li><li>Swimming</li></ul>

5411

	<ul> <li>Swimming- Basic swimming techniques Bubbling &amp; floating</li> <li>Chess - Basic fundamental skills</li> <li>Athletics - Basics concept and practice of running</li> <li>Volleyball - Classification of techniques fault and their correction</li> <li>Basketball - Fundamental skills: basic concept of basketball (match and rules), Playing regulations, violations, fouls. Player stance (parallel stance, staggered stance</li> <li>Kabaddi - Basic skills of kabaddi game</li> <li>Taekwondo - White belt training</li> <li>Kho-kho- Fundamental skills of kho kho Chasing skills</li> </ul>	Chess Athletics Volleyball Basketball Kabaddi Taekwondo
May 12	<ul> <li>Wushu- Basic concepts of taolu stances</li> <li>Self defence- Punch</li> <li>Badminton - Fundamental skills: grip (backhand Fundamental skills: grip forehand)</li> <li>Swimming-Kicking, freestyle ,arm action , leg action breathing Coordination,</li> <li>Chess - Strategy</li> <li>Athletics - Practice of running events</li> </ul>	Game related match practice Football self defence Badminton Swimming Chess Athletics Volleyball Basketball Kabaddi Taekwondo

PUBLIC

June	13		<ul> <li>Football - Receiving</li> <li>Wushu - Basic concepts of taolu stances (gong bu, ma bu, pu bu, xu bu) Self defence - Block</li> <li>Badminton - Stance (attacking stance, Stance - Defensive stance, Stance - Net stance.</li> <li>Swimming- Freestyle, arm action Leg action breathing coordination &amp; back floating, Chess - visualization</li> <li>Athletics - Basic concept and running events</li> <li>Volleyball - Underhand pass</li> <li>Basketball - Overhead pass, one-hand passing: hook pass</li> <li>Kabaddi - Offensive skills</li> <li>Taekwondo - Green belt training</li> <li>Kho-kho- Giving kho and getting in square</li> </ul>	<ul> <li>Game related match practice</li> <li>Football self defence</li> <li>Badminton</li> <li>Swimming</li> <li>Chess</li> <li>Athletics</li> <li>Volleyball</li> <li>Basketball</li> <li>Kabaddi</li> <li>Taekwondo</li> </ul>
July	25	Periodic Test-I	<ul> <li>Football - Dribbling         <i>Wushu - Kick</i></li> <li>Self defence - Kick</li> <li>Badminton - Footwork</li> <li>Swimming- Backstroke arm action and leg action, preparation for inter house swimming completion.</li> <li>Chess - Calculation</li> <li>Athletics - Throwing events (shotput throw)</li> <li>Volleyball - Types of serving, perfect volley,libro play.</li> <li>Basketball - Dribbling (control dribble/low dribble, Speed dribble/high dribble, front crossover dribble</li> <li>Kabaddi - Tackle, block, chain</li> <li>Taekwondo - Green one &amp; Kyorugi and Poomsae blue belt training</li> <li>Kho-kho- Diving skills</li> </ul>	<ul> <li>Game related match practice</li> <li>Football self defence</li> <li>Badminton</li> <li>Swimming</li> <li>Chess</li> <li>Athletics</li> <li>Volleyball</li> <li>Basketball</li> <li>Kabaddi</li> <li>Taekwondo</li> </ul>
August	23		<ul> <li>Football -Passing</li> <li>Wushu- Punch</li> <li>Self defence – Attacking</li> <li>Badminton - Serve (high serve, low serve)</li> <li>Swimming- Back floating, backstroke arm action and leg action, Arm action ,leg action breathing coordination .</li> </ul>	<ul> <li>22</li> <li>Game related match practice</li> <li>Football self defence</li> <li>Badminton</li> <li>Swimming</li> <li>Chess</li> <li>Athletics</li> <li>Volleyball</li> </ul>

			<ul> <li>Preparation for inter house swimming completion.</li> <li>Chess - Openings</li> <li>Athletics - Throwing events(Discuss throw throw)</li> <li>Volleyball - Rotation game play</li> <li>Basketball - , Reverse dribble, Behind the back dribble, between the leg dribble</li> <li>Kabaddi - Tackle, block, chain,</li> <li>Taekwondo – Blue one and with kyorugi and poomsae red belt training</li> <li>Kho-kho- Pole diving,rules and regulations of kho kho</li> </ul>	<ul> <li>Basketball</li> <li>Kabaddi</li> <li>Taekwondo</li> </ul>
September	21	Mid-Term Examination	<ul> <li>Football - Shooting</li> <li>Wushu- Throw</li> <li>Self defence - Strike</li> <li>Badminton - Smash (forehand smash, Smash backhand smash, Smash backhand smash, Smash jumping smash)</li> <li>Swimming- Butterfly leg action, butterfly arm action. Preparation for c.b.s.e &amp; .p.s.society swimming compition</li> <li>Chess - Endgames.</li> <li>Athletics - Throwing events javelin)</li> <li>Volleyball - 4 - 2 reception</li> <li>Basketball - Shooting (layup shot: overhand, underhand, tip-in shot, set shot, jump shot)</li> <li>Kabaddi -Raiding hand touch</li> <li>Taekwondo - Belt grading exam &amp; previous belt training.</li> <li>Kho-kho- Running skills zig-zag running and dodging</li> </ul>	<ul> <li>5</li> <li>Game related match practice</li> <li>Football self defence</li> <li>Badminton</li> <li>Swimming</li> <li>Chess</li> <li>Athletics</li> <li>Volleyball</li> <li>Basketball</li> <li>Kabaddi</li> <li>Taekwondo</li> </ul>
October	20		<ul> <li>Football – Tackling</li> <li>Wushu- Taolu event changquan,</li> <li>Self defence – Different types of defence techniques against hand grab</li> <li>Badminton - Drop shot &amp; clear/lob.</li> <li>Swimming- Butterfly leg action, butterfly arm action &amp; arm action, leg action breathing coordination Preparation for C.B.S.E &amp; D.P.S. society swimming compition</li> <li>Chess - Strategy</li> <li>Athletics - Jumping events(long jump)</li> <li>Volleyball - 5 - 1 reception</li> </ul>	<ul> <li>17</li> <li>Game related match practice</li> <li>Football self defence</li> <li>Badminton</li> <li>Swimming</li> <li>Chess</li> <li>Athletics</li> <li>Volleyball</li> <li>Basketball</li> <li>Kabaddi</li> <li>Taekwondo</li> </ul>

November	16		<ul> <li>Basketball - Rebounding (offensive rebound, defensive rebound)</li> <li>Kabaddi - Toe touch, dubki</li> <li>Taekwondo - Red one training peparation for inter-house taekwondo competition and CBSE another Games.</li> <li>Kho-kho- Conditioning and training for leg strength</li> <li>Football - Heading</li> <li>Football - Heading</li> <li>Self defence - Hair grab</li> <li>Badminton - Stance (attacking stance, stance - defensive stance,)</li> <li>Stance - Net stance).</li> <li>Stance - Net stance).</li> <li>Stance - Net stance).</li> <li>Swimming- Breaststroke kicking , arm action coordination with arm Action leg action breathing. Preparation for C.B.S.E &amp; D.P.S. society swimming compition.</li> <li>Chess - Visualization</li> <li>Athletics - Jumping events (high jump)</li> <li>Volleyball - 6-0 reception</li> <li>Basketball - Individual defense (on the ball, off the ball)</li> <li>Kabaddi - Squat thrust</li> <li>Tuekwondo - Black belt and advance training</li> </ul>
December	23	Periodic Test-II	<ul> <li>Kho-kho- Match practice</li> <li>Football - Goalkeeping</li> <li>Wushu- Taichi.</li> <li>Self defence - Neck grab &amp; waist grab</li> <li>Badminton - Footwork</li> <li>Chess - Calculation</li> <li>Athletics - Jumping event (triple jump)</li> <li>Volleyball - Universal role and concept in volleyball</li> <li>Basketball - Body technique and footwork (start, change of pace, change of direction, cutting</li> <li>Kabaddi - Kicking</li> <li>Taekwondo - White belt training, yellow belt training, green belt training, blue belt training, start, blue belt training, blue belt training, red belt training, blue paration.</li> </ul>

January	23		<ul> <li>Football – Control , receiving , dribbling , passing , shooting , tackling , heading , goalkeeping with coordination</li> <li>Wushu- nanquan, and taichi.</li> <li>Self defence - pressing mouth, leg holding , teases &amp; harasses</li> <li>Badminton - Serve (high serve, low , serve).</li> <li>Chess - Openings</li> <li>Athletics – Relay race &amp; baton exchange</li> <li>Volleyball - Practice drills of components of fitness related to volleyball</li> <li>Basketball – Body technique and footwork (stop ,pivoting , screen and roll, box-out)</li> <li>Kabaddi - Diving ankle holds</li> <li>Taekwondo - Sparring training &amp; self defence.</li> <li>Footbal- Control , receiving , dribbling , passing , 18</li> </ul>	<ul> <li>Football self defence</li> <li>Badminton</li> <li>Swimming</li> <li>Chess</li> <li>Athletics</li> <li>Volleyball</li> <li>Basketball</li> <li>Kabaddi</li> <li>Taekwondo</li> </ul>
February	21	Term End Examination	<ul> <li>Footbal- Control, receiving, artibiling, passing, shooting, tackling, heading, goalkeeping with coordination.</li> <li>Wushu- Kick, punch, throw, taolu event changquan, nanquan and taichi.</li> <li>Self Defence - Stick attack and fighting</li> <li>Badminton - Smash (forehand smash, Smash backhand smash, smash jumping smash), drop shot, clear/lob.</li> <li>Chess - Endgames</li> <li>Athletics- Long distance running</li> <li>Volleyball - Demonstration of quick play in volleyball</li> <li>Basketball - Basketball match practice and drills: - set play, zone defense, man to man.</li> <li>Kabaddi - Ankle hold, thigh hold</li> <li>Taekwondo - Self-defense sparring technique.</li> </ul>	<ul> <li>Game related match practice</li> <li>Football self defence</li> <li>Badminton</li> <li>Swimming</li> <li>Chess</li> <li>Athletics</li> <li>Volleyball</li> <li>Basketball</li> <li>Kabaddi</li> <li>Taekwondo</li> </ul>
	16	1 1	Exams preparation DIDDIC	

## Subject : Yoga

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		<ul> <li>Concept &amp; Basis of yoga</li> <li>Micro exercise : Eye &amp; Neck</li> <li>Asana : Ardha Padmasana, Vajrasana</li> <li>Breathing : Natural &amp; Deep</li> <li>Mudra : Jnana Mudra</li> </ul>	15	•
May	12	×	<ul> <li>Micro Exercise :Neck, Shoulder &amp; Waist</li> <li>Surya Namaskar</li> <li>Asana : Padmasana, Ardha Kurmasana</li> <li>Breathing :Natural &amp; Deep</li> </ul>	5	
June	13		<ul> <li>Revision of Previous Practices, Hip-joint, Knee, Ankle.</li> <li>Surya Namaskar</li> <li>Asana : Vakrasana, Gomukhasana</li> <li>Pranayama : Sheetali ,Sheetkari</li> </ul>		• World Yoga Day.
July	25	Periodic Test-I	<ul> <li>Yogic Jogging</li> <li>Surya Namaskar</li> <li>Asana : Tadasana ,Tiryaka tadasana</li> <li>Pranayama: Sheetali, Sheetkari</li> </ul>	16	
August	23		<ul> <li>Surya Namaskar</li> <li>Asana : Padmasana, utthit Padmasana</li> <li>Pranayama : anuloma viloma, Sheetkari</li> <li>Mudra: Jnana, Chin Mudra</li> </ul>	16	
September	21	Mid-Term Examination	<ul> <li>Surya Namaskar</li> <li>Asana :Garudasana ,ardha Chakrasana ,Padhastasana</li> <li>Pranayama :Kapalbhati ,Bhramari</li> </ul>	6	
October	20		<ul> <li>Surya Namaskar</li> <li>Asana :Birbhadrasana ,Parswa konasana</li> <li>Pranyama: Anuloma viloma ,Udgit</li> <li>Jnana Mudra ,Yoga Mudra</li> </ul>	5	Inter House Yoga Competition

November	16		<ul> <li>Surya Namaskar</li> <li>Asana :Brikshasana, Natrajasana</li> <li>Pranayama : Anuloma Viloma, Bhramari</li> <li>Mudra : Kaki mudra</li> </ul>
December	23	Periodic Test-II	<ul> <li>Surya Namaskar</li> <li>Asana : Vajrasana ,Ustrasana</li> <li>Pranayama : Anuloma Viloma</li> <li>Mudra : Nasikagra</li> </ul>
January	23		<ul> <li>Surya Namaskar</li> <li>Asana : Sarvangasana, Halasana</li> <li>Pranayama : Anuloma Viloma, Bhramari</li> <li>Mudra : Vayu Mudra</li> </ul>
February	21	Term End	Revision Of all the Previous Practices     10
March	16	Examination	· ICE IN So
Subject: Danc Prescribed Bo			SERVIC

# Subject: Dance

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		• A brief history of Indian dance (Practical & Theory)	04	<ul> <li>warm-Up</li> <li>Bhumi Pranama</li> <li>Hand Gesture</li> <li>Facial Expression</li> </ul>
May	12		Basic foot and hand movements Kathak dance PUBLIC	01	<ul> <li>Warm-Up</li> <li>Previous Dance Practice</li> <li>New Semi-Classical dance (Bhajan)</li> <li>Holiday Project (Art Integration) Collect Data from text book or Internet : Reference from ancient text (vedic, puranic, epics and other scriptures). Evaluation of Kiathak dance in Pracheen Kal/Mandir Kal (Katha vachak and Rasdhar tradition, etc).</li> <li>Madhya Kal/Darbar kal, Adhunik Kal covering brisish and post independent era till the present time based.</li> </ul>
June	13		• Practice of basic standing position and various patterns of Tatkar.	02	<ul><li>Project Submission (HOLIDAY)</li><li>Thekaa</li><li>Aamad</li></ul>

July	25	Periodic Test-I	<ul> <li>Introduction for various part of Kathak dance</li> <li>Folk dance of India (Dandia)</li> </ul>	04	<ul> <li>Tatkaar</li> <li>Aamad</li> <li>Salaami</li> <li>Tukdaa</li> <li>Dandia</li> </ul>
August	23		<ul><li>Independence Group Dance Practice</li><li>Krishna Janmastami Cellebration</li></ul>	04	<ul><li>Song Selection</li><li>Step Cration</li><li>Group dance</li></ul>
September	21	Mid-Term Examination	<ul> <li>Cont Krishna Janmastami</li> <li>Shree Ganesh Chaturthi</li> <li>Distinctive aspects of Kathak (Using Ghungroos, Costume etc).</li> </ul>	04	<ul><li>Group dance</li><li>Song selaction</li><li>Step Creation</li></ul>
October	20		Navaraatri Celebration / Devotional Dance	02	Devi Stuti & Dandia dance
November	16		Theme based group dance	04	Group dance practice for House function
December	23	Periodic Test-II	<ul><li>Introduce rajasthani</li><li>Christmas Celebration</li></ul>	04	• Theme based dance with carol
January	23		<ul><li>Republic day celebration</li><li>Stuti</li></ul>	03	<ul><li>Patriotic theme based dance</li><li>Shree Ganesha Vandana</li></ul>
February	21	Term End Examination	Group dance Test	04	<ul><li>Theory &amp; Practical</li><li>Activity - Tatkaar, Tukda G8</li><li>Folk dance</li></ul>
March	16				
Subject: Music				Ň.	

## Subject: Music

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	23		Alankar and Tongue twister (Tarana)	8	Playing paltas On Harmonium
May	12		Introduction of RAAG Yaman	2	• Practice with tanpura.
June	13		English and hindi prayer song	4	
July	25	Periodic Test-I	<ul><li>Janmasthami bhajan</li><li>Patriotic song</li></ul>	8	Harmonization With TwoNotes
August	23		<ul><li>Tarana on raag Yaman</li><li>Taal-Teental and Dadra</li></ul>	7	
September	21	Mid-Term Examination	Playing alankars on harmonium		

October	20		Octave	4	Techniques to practice khadajswaras
November	16		Folk song of Bihar	6	
December	23	Periodic Test-II	Christmas carol with harmonization.	6	
January	23		Republic day special patriotic song.	5	
February	21	Term End	Playing of cajon		
March	16	Examination	Playing of xylophone		

