



# DELHI PUBLIC SCHOOL GAYA

(Under the aegis of the Delhi Public School Society, New Delhi)

Affiliated to C.B.S.E., New Delhi Affiliation No.330530, School Code - 65572

## SPLIT-UP SYLLABUS FOR CLASS-I FOR THE ACADEMIC SESSION: 2024-25

**Subject :English**

**Prescribed Books :**

1. Mridang Course Book-1 (NCERT)
2. The New Grammar Tree-1 (Oxford)
3. Cursive is Easy Book-1 (Frank)
4. The Quizopedia- World of English-4

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
April	22		<b><u>Mridang Course Book-I</u></b> Unit-1:My Family and Me Greetings <b><u>The New Grammar Tree-I</u></b> CH- 17 Alphabetical Order CH-14 Capital Letters and Small Letters CH-15 Full Stops CH-28 Questions CH-16 'A' and 'An' CH-31 Fun with Sentences -2 Cursive Writing-Page nos.5 to 12 <b>Composition</b> -Myself and The first day in school <b>The Quizopedia- World of English-4</b> CH-1 About Myself CH-2 My School	4 2 2 2 2 2 2 3 2	<ul style="list-style-type: none"> <li>• School Tour-Students will be taken to the library, auditorium, ground, medical room, reception, etc.</li> <li>• The teacher will ask the students to greet each other in their mother tongue.</li> <li>• A board game using a dice will be played on the topic of Alphabetical order.</li> <li>• Caterpillar board game for matching capital and small letters.</li> <li>• Worksheet on Full stops.</li> <li>• Activity with 'wh' words using word cards. e.g- What, Why, When</li> <li>• Red and Blue coloured stick game based on Articles using Ice-cream sticks.</li> <li>• Sentence matching game (Extramarks)</li> <li>• Audio-visuals on Jumbled Sentences.(Extramarks)</li> <li>• Arrange the words in the sentence strips.</li> <li>• Crown making activity related to the first day in school.</li> </ul>
May	12		<b><u>Mridang Course Book-I</u></b> Unit-1:My Family and Me Two little Hands <b><u>The New Grammar Tree-I</u></b> CH-39 Sentences : A Mixed Bag Cursive Writing-Page nos.13 to18 <b>Public Speaking</b> - How to make summer drinks?	4 4 4	<ul style="list-style-type: none"> <li>• Activity on washing hands.</li> <li>• Palm printing impression on a paper.</li> <li>• Activity on Sentences -Pick up the words from the word basket and make a sentence.</li> <li>• Make summer drinks we like to have in Summer season.</li> </ul>

			<b>The Quizopedia- World of English-4</b> CH-12 A Day In The School		<ul style="list-style-type: none"> <li>• <b>Vidya Pravesh</b> : Developmental Goal-wise Illustrations And Worksheets.</li> </ul>
<b>June</b>	<b>13</b>	<b>Evaluation Cycle-I</b>	<u>Mridang Course Book-I</u> Unit-2: Life Around Us Picture Time <u>The New Grammar Tree-I</u> CH-1 Name of Things CH-3 Every Morning CH-4 My Toy and Games CH-5 Names of Livings Things: Animals and Birds Cursive Writing–Page nos.19 to24 <b>Public Speaking</b> –How did you spend your Summer vacation? <b>Composition</b> –A visit to a Zoo. <b>The Quizopedia- World of English-4</b> CH-18 Practice Paper Summer Vacations	4 1 1 1 2 2 2	<ul style="list-style-type: none"> <li>• Flashcards on Wild Animals will be shown and the teacher will ask a few questions on it.</li> <li>• Identify the naming objects and name them.</li> <li>• Show and Tell activity: Topic- toothpaste, tooth brush and comb.</li> <li>• Speak a few sentences on your favourite toy.</li> <li>• Make an origami of your favourite animal.</li> <li>• Paste a picture of how you spent your Summer Vacation.</li> </ul>
<b>July</b>	<b>25</b>		<u>Mridang Course Book-I</u> Unit-2: Life Around Us CH- The Cap-seller and the Monkeys <u>The New Grammar Tree-I</u> CH-7 Names of Living and Non- Living Things(Worksheet) CH-8 Naming Words-1 CH-18 At the Park CH-19 Who am I? CH-24 Naming Words and Special Names Cursive Writing-Page nos.25 to 30 <b>Public Speaking</b> -Monsoon <b>The Quizopedia- World of English-4</b> CH-15 Good Habits CH-4 School Playground	4 3 3 3 2 2 2 2 3	<ul style="list-style-type: none"> <li>• Make an origami of a bird.</li> <li>• A group discussion on living and non-living things.</li> <li>• A game will be played on the name of a person, place, animal and thing.</li> <li>• Paste four pictures of different playground equipments in your scrap book.</li> <li>• Speaking cards on riddles.</li> <li>• Write a poem on ‘Myself’ and highlight the special names.</li> <li>• Rainy Season – Make a scenery of monsoon season using colourful paper cut-outs like umbrellas, raincoats, boots and clouds etc.</li> </ul>
<b>August</b>	<b>23</b>		<u>Mridang Course Book-I</u> Unit-2: Life Around Us A Farm <u>The New Grammar Tree-I</u> CH-20 One, Two, Three...Many (Worksheet) CH-35 ‘He’, ‘She’ and ‘They’ CH-36 Days of the Week CH- 37 Sounds that Animals Make Cursive Writing-Page nos. 31 to 36 <b>Public Speaking</b> – National Flag <b>Composition</b> – I Love My Country <b>The Quizopedia- World of English-4</b> CH-7 Animals And Their Babies CH-8 Railway Station	5 3 2 4 3 2 2 2	<ul style="list-style-type: none"> <li>• Draw the picture of farm animals with their young ones and name them.</li> <li>• Spin the wheel game on one and many.</li> <li>• Pronoun pizza slice game.</li> <li>• Roll the dice and say name of the days of the week according to the number shown on the dice.</li> <li>• Students will make pencil caps as per their favourite animals and will mimic their sounds.</li> <li>• Draw a balloon in the scrap book and use tricolor on it.</li> </ul>

			<b>TERM-II</b>		
September	21	Evaluation Cycle-II	<u>Mridang Course Book-I</u> Unit-3: Food Fun with pictures <u>The New Grammar Tree-I</u> CH-11 Describing Words-1 CH-13 Describing Words-3 CH-27 Words Ending in-ly <b>Public Speaking-</b> My Class Teacher Cursive Writing-Page nos. 37 to 42 <b>The Quizopedia- World of English-4</b> CH-16 Favourite Food CH-17 Practice Paper- Favourite Game	4 2 3 3 3 3 4	<ul style="list-style-type: none"> <li>Fruit Salad making activity.</li> <li>Role play of a market place.</li> <li>Show and tell on Describing Words.</li> <li>Teacher's Day Card making activity.</li> <li>Make a paper flower for your teacher.</li> </ul>
October	19		<u>Mridang Course Book-I</u> Unit-3: Food The Food we eat <u>The New Grammar Tree-I</u> CH-23 What are They Doing? CH-38 A Picnic CH-26 Where are They? CH-48 By the River (Composition) Cursive Writing-Page nos.43 to 48 <b>Public Speaking-</b> Speak five sentences on Gandhi ji's Three monkeys-Values we learn. <b>The Quizopedia- World of English-4</b> CH-09 Our Festivals CH-11 Things We Use	4 2 2 2 2 3 2	<ul style="list-style-type: none"> <li>Draw and colour your favourite dish.</li> <li>Simon says game will be played.</li> <li>Treasure hunt activity.</li> <li>Activity-Draw a charkha on the occasion of Gandhi Jayanti.</li> <li>Pool Lunch Party- Bring healthy lunch and share it with your classmates.</li> </ul>
November	16		<u>Mridang Course Book-I</u> Unit-4: Seasons The Four Seasons <u>The New Grammar Tree-I</u> CH-33 Joining Word: 'And'(Worksheet) CH-34 Joining Word: 'Because'(Worksheet) CH-49 Bedtime Cursive Writing-Page nos.49 to 54 <b>Composition-</b> My Best Friend <b>Public Speaking-</b> Community Helpers <b>The Quizopedia- World of English-4</b> CH-05 Post Office CH-06 People Who Help Us	4 2 2 2 3 2 2	<ul style="list-style-type: none"> <li>Anchor Chart on Seasons.</li> <li>Conjunctions game using sentence cards.</li> <li>Write five good qualities of your best friend and draw his or her picture in your scrap book.</li> <li>Paste a few pictures of the Community Helpers in the scrap book.</li> <li><b>Vidya Pravesh:</b> Developmental Goal-wise Illustrations And Worksheets.</li> </ul>

<b>December</b>	<b>23</b>	<b>Evaluation Cycle-III</b>	<u>Mridang Course Book-I</u> Unit-4: Seasons Anandi's Rainbow <u>The New Grammar Tree-I</u> CH-29 The Fox and the crow CH-43 Mimi's Garden CH-46 My Pet Cursive Writing-Page nos.55 to 60 Public Speaking- Your New Year's Resolutions Composition -Christmas <b>The Quizopedia- World of English-4</b> CH-14 Shapes CH-03 My City	5 4 2 4 2 5	<ul style="list-style-type: none"> <li>• Draw and colour a rainbow.</li> <li>• Role play on 'The Fox and the Crow' using props.</li> <li>• Make Christmas corner-crib, Christmas tree, bells, stars, gift-box, socks, lights.</li> <li>• Play/skit on Christmas story.</li> </ul>
<b>January</b>	<b>17</b>		<u>The New Grammar Tree-I</u> CH-45 Ayan's Schoolbag (Picture composition) Unseen Passage (Comprehension) Cursive Writing - page nos. 61 to 66 <b>Public Speaking</b> – Republic Day <b>The Quizopedia- World of English-4</b> CH-10 Months Of The Year	5 6 5 3 2	<ul style="list-style-type: none"> <li>• Draw and colour four items you carry in your school bag.</li> <li>• Draw the National Flag and paste colourful pulses on it.</li> </ul>
<b>February</b>	<b>21</b>	<b>Evaluation Cycle-IV</b>	<u>The New Grammar Tree-I</u> Unseen Passage(Comprehension) Revision (Doing words + Preposition) Cursive Writing-Page nos. 67 to 72 <b>The Quizopedia- World of English-4</b> CH-13 A Day at Home	8 8 6	<ul style="list-style-type: none"> <li>• Draw a swan on the occasion of 'Basant Panchami'.</li> </ul>
<b>March</b>	<b>11</b>		<b>Revision</b>		<ul style="list-style-type: none"> <li>• Oral drilling (Revision)</li> </ul>

**Subject : Phonics**

**Prescribed Books :** 1. Enjoy Phonics – 3 Scholastic

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
<b>April</b>	<b>22</b>		<ul style="list-style-type: none"> <li>• <b>Enjoy Phonics – 3</b></li> <li>• Revision of a to z (26 letter sounds).</li> <li>• Sound dictation (26 letter sounds).</li> </ul>	4	<ul style="list-style-type: none"> <li>• Jolly Phonics (26 letter sounds) sounds with actions.</li> <li>• Jolly phonics stories.</li> </ul>

			<ul style="list-style-type: none"> <li>Revision of short vowel sounds</li> </ul>		<ul style="list-style-type: none"> <li>Sound dictation</li> </ul>
May	12		<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li><b>Consonant diagraphs –h</b></li> <li>wh, ph,sh, ch.</li> </ul>	2	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
June	13	Evaluation Cycle-I	<ul style="list-style-type: none"> <li><b>ENJOY PHONICS–3</b></li> <li>Magic –e</li> </ul>	3	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
July	25		<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li><b>Phonics-</b></li> <li>Long vowels (a and ,e)</li> </ul>	4	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
August	23		<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li><b>Phonics –</b></li> <li>Long vowels (i and o)</li> </ul>	4	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
September	21	Evaluation Cycle-II	<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li><b>Phonics-</b></li> <li>Long vowels (u)along with</li> <li>Revision of all the</li> <li>Long vowels</li> </ul>	4	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
<b>TERM-II</b>					
October	19		<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li><b>Phonics-Vowel Digraphs (au, aw, ou, ow)</b></li> </ul>	4	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
November	16		<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li><b>Vowel Digraphs oi,oy</b></li> </ul>	3	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
December	23	Evaluation Cycle-III	<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li>Long and short OO and oo sound words</li> </ul>	4	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
January	17		<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li><b>Phonics – r-controlled vowels (ar,or and ir)</b></li> <li>sound words</li> </ul>	4	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
February	21	Evaluation Cycle-IV	<ul style="list-style-type: none"> <li><b>Enjoy Phonics – 3</b></li> <li>Hard ‘c’, soft ‘c’ and hard ‘g’, soft ‘g’</li> </ul>	4	<ul style="list-style-type: none"> <li>Jolly Phonics stories, songs and the three techniques of blending.</li> </ul>
March	11		<ul style="list-style-type: none"> <li><b>Revision</b></li> </ul>		



विषय : हिंदी

- निर्धारित पुस्तकें – 1. निकुंज पाठ्य पुस्तक- 1 (Radical Books Publication)  
2. सार्थक हिंदी व्याकरण (New Saraswati House Publication)  
3. निर्झर मोती सुलेख पुस्तिका (Rachna Sagar Pvt. Ltd)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>टर्म-I</b>					
अप्रैल	22		<u>निकुंज हिंदी पाठ्य पुस्तक-1</u> पाठ 1 कौन-कैसा पाठ 3 शेर गया पाठ 4 घर चल <u>सार्थक हिंदी व्याकरण-1</u> पाठ 1 बातों वाली आवाज़ (भाषा) पाठ 2 वर्ण और वर्णमाला (अक्षर ज्ञान) <u>निर्झर मोती सुलेख पुस्तिका</u> पृष्ठ संख्या-5 से 12 वाचन कौशल-स्वपरिचय	3 3 5 3 3 3	<ul style="list-style-type: none"> <li>फलों और सब्जियों से संबंधित चित्र कॉपी में पेस्ट करवाना।</li> <li>शेर का मास्क बनवाना।</li> <li>वर्ण प्लैश-कार्ड से शब्द बनवाना।</li> <li>स्वर-व्यंजन कार्ड को उचित क्रम में व्यवस्थित करवाना। (स्वर/वर्ण)</li> <li>वर्णमाला तोरण बनवाना।</li> </ul>
मई	12		<u>निकुंज हिंदी पाठ्य पुस्तक-1</u> पाठ 2 उड़-उड़ पाठ 5 काला बादल <u>सार्थक हिंदी व्याकरण-1</u> पाठ 3 स्वर बने मात्रा (मात्रा ज्ञान) <u>निर्झर मोती सुलेख पुस्तिका</u> पृष्ठ संख्या-13, 14, 15, 16 वाचन कौशल-परिवार-परिचय	2 3 4 2 1	<ul style="list-style-type: none"> <li>विद्यार्थियों द्वारा बॉक्स से एक कागज़ उठा कर उनमें लिखे गए विभिन्न प्रकार की पक्षियों की आवाज़ की नकल करवाना।</li> <li>दिए गए वर्णों में 'आ' की मात्रा जोड़कर शब्द बनवाना।</li> <li>स्वर कट-आउट का मात्रा से मिलान करवाना।</li> </ul>
जून	13	मूल्यांकन चक्र-I	<u>निकुंज हिंदी पाठ्य पुस्तक-1</u> पाठ 6 नानी की बगिया कोयल (कविता) पाठ 7 चूहा भागा चुहिया भागी <u>सार्थक हिंदी व्याकरण-1</u> पाठ 4 नाम वाले शब्द (संज्ञा) <u>निर्झर मोती सुलेख पुस्तिका</u> पृष्ठ संख्या- 17 से 23 वाचन कौशल-मेरा विद्यालय	3 2 3 3 2	<ul style="list-style-type: none"> <li>शब्द कट-आउट पर सही मात्रा लगाकर 'इ' और 'ई' वाले शब्द बनवाना।</li> <li>दिए गए वर्णों में 'उ' और 'ऊ' की मात्रा जोड़कर शब्द बनवाना/चूहे की ओरिगामी बनवाना।</li> <li>कार्य पत्रिका (संज्ञा)</li> </ul>
जुलाई	25		<u>निकुंज हिंदी पाठ्य पुस्तक-1</u>	4 4	<ul style="list-style-type: none"> <li>दिए गए शब्दों में 'ए' और 'ऐ' की मात्रा</li> </ul>

			पाठ 8 शैतान बैजू पाठ 9 बोलता पौधा गाता मोर (कविता) <b>सार्थक हिंदी व्याकरण-1</b> पाठ 5 लड़का-लड़की वाले शब्द (लिंग) पाठ 6 एक-अनेक शब्द (वचन) <b>निर्झर मोती सुलेख पुस्तिका</b> पृष्ठ संख्या-24 से 31 वाचन कौशल-बरसात का मौसम	4 4 4 4	<ul style="list-style-type: none"> <li>लगाकर उन्हें सही करवाना।</li> <li>विद्यार्थियों से एक गमले में बीज रोपण करवाना।</li> <li>मोर पंख को स्क्रेप बुक में चिपकाना करवाना और मोर के विषय पर दो/तीन वाक्य लिखवाना।</li> <li>पुल्लिंग/स्त्रीलिंग को अलग-अलग छाँटकर लिखवाना।</li> <li>वास्तविक जीवन की वस्तुओं में से एक-अनेक शब्द बताना।</li> <li>टोकरी से एक और अनेक वस्तुओं को अलग-अलग करवाना।</li> </ul>
अगस्त	23		<b>निकुंज हिंदी पाठ्य पुस्तक-1</b> पाठ 10 बंदर की कक्षा पाठ 11 हमने बताया पाठ 12 कौन बोला? <b>सार्थक हिंदी व्याकरण-1</b> पाठ 7 नाम का भी नाम (सर्वनाम) पाठ 8 गुण वाले शब्द (विशेषण) <b>निर्झर मोती सुलेख पुस्तिका</b> पृष्ठ संख्या -32 से 39 वाचन कौशल-मेरा भारत महान/रक्षा बंधन	4 4 4 4 4 4	<ul style="list-style-type: none"> <li>'पहेली बुझो' खेल खेलेंगे।</li> <li>विद्यार्थियों को अनुस्वार और अनुनासिक वाले शब्दों की पहचान करवाना।</li> <li>विद्यार्थियों से रोल-प्ले करवाना (कौन-बोला?)</li> <li>सर्वनाम शब्दों से वाक्य बनवाना/दिए गए वाक्यों में से सर्वनाम शब्द छाँटकर लिखवाना।</li> <li>विद्यार्थियों को अपना पसंदीदा खिलौना बताने के लिए कहना।</li> </ul>
सितम्बर	21	<b>मूल्यांकन चक्र-II</b>	<b>निकुंज हिंदी पाठ्य पुस्तक-1</b> पाठ 13 किटकिट गिलहरी, चंदा मामा (कविता) पाठ 14 गायब लड्डू <b>सार्थक हिंदी व्याकरण-1</b> पाठ 9 काम वाले शब्द (क्रिया) पाठ 10 गिनकर जानिए (अंक) <b>निर्झर मोती सुलेख पुस्तिका</b> पृष्ठ संख्या-40 से 46 वाचन कौशल-मेरी प्रिय शिक्षिका	6 3 4 4 4 3	<ul style="list-style-type: none"> <li>रोल-प्ले करवाना।</li> <li>सफेद चॉक से काले रंग के कागज़ पर चंद्रमा का विवरण/आकृतियों का चित्र बनवाना।</li> <li>दिए गए क्रिया शब्दों से संबंधित खेल खिलवाना (खंब चारेड्स)।</li> <li>अंकों का प्लैश-कार्ड बनवाना।</li> </ul>
<b>टर्म-II</b>					
अक्टूबर	19		<b>निकुंज हिंदी पाठ्य पुस्तक-1</b> पाठ 15 मैं सबसे अच्छा भालू की गिनती <b>सार्थक हिंदी व्याकरण-1</b> पाठ 11 हमारे फल, हमारी सब्जियाँ	5 5 7	<ul style="list-style-type: none"> <li>विद्यार्थी द्वारा अपने किसी दो गुणों के बारे में बोलने को कहना।</li> <li>भालू का मास्क बनवाना।</li> <li>विद्यार्थियों द्वारा अपने पसंदीदा फल और</li> </ul>

			<u>निर्झर मोती सुलेख पुस्तिका</u> पृष्ठ संख्या-47 से 48 वाचन कौशल-दशहरा	3	सब्जी का चित्र कॉपी में बनवाना।
नवम्बर	16		<u>निकुंज हिंदी पाठ्य पुस्तक-1</u> पाठ 16 मिट्टी के केले होशियार मछली (चित्रकथा) <u>सार्थक हिंदी व्याकरण-1</u> पाठ 12 आइए बुनें कविता-कहानी वाचन कौशल-छठ पूजा	5 5 5 2	<ul style="list-style-type: none"> <li>प्ले-डो से अपना पसंदीदा फल बनवाना।</li> <li>विभिन्न प्रकार की मछलियों के चित्र दिखाकर उसपर चर्चा करवाना।</li> </ul>
दिसम्बर	23	मूल्यांकन चक्र-III	<u>निकुंज हिंदी पाठ्य पुस्तक-1</u> पाठ 17 नटखट गोलू पाठ 18 होली <u>सार्थक हिंदी व्याकरण-1</u> बारह खड़ी बोलने की बारी हमारा अपना शब्द भंडार वाचन कौशल-शरद ऋतु	6 5 4 4 3	<ul style="list-style-type: none"> <li>ड्रामा/रोल-प्ले (पाठ से संबंधित)</li> <li>विद्यार्थियों से अपने पसंदीदा रंग से चावल को पेंट करवाना।</li> <li>विद्यार्थियों से उनके बारे में ५ पंक्तियां बुलवाना।</li> <li>दिए गए शब्दों के अर्थ के लिए उनके कट-आउट का मिलान करवाना।</li> </ul>
जनवरी	17		<u>सार्थक हिंदी व्याकरण-1</u> पाठ-4 नाम वाले शब्द (संज्ञा) पाठ-5 लड़का-लड़की वाले शब्द (लिंग) अपठित गद्यांश पुनरावृत्ति	6 3 3	<ul style="list-style-type: none"> <li>पुनरावृत्ति</li> </ul>
फरवरी	21		<u>सार्थक हिंदी व्याकरण-1</u> पाठ-9 काम वाले शब्द (क्रिया) पाठ-11 हमारे फल, हमारी सब्जियाँ अपठित गद्यांश पुनरावृत्ति	6 3 3	<ul style="list-style-type: none"> <li>पुनरावृत्ति</li> </ul>
मार्च	11	मूल्यांकन चक्र-IV	<u>सार्थक हिंदी व्याकरण-1</u> पाठ-8 गुण वाले शब्द (विशेषण) पाठ-10 गिनकर जानिए (अंक) अपठित गद्यांश पुनरावृत्ति	6 3	<ul style="list-style-type: none"> <li>पुनरावृत्ति</li> </ul>



**Subject : Mathematics**

**Prescribed Books :-** 1. New Composite Mathematics Class – I (Dr. R.S Aggarwal & Vikas Aggarwal )  
2. Active Minds Table Book

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
April	22		<ul style="list-style-type: none"> <li>• <b>CH -1 Review of basic concepts</b></li> <li>• Matching one to one</li> <li>• Odd One Out</li> <li>• <b>CH -3 Numbers from 1 to 10</b></li> <li>• Just After- Just Before-Between</li> <li>• Comparison of numbers</li> <li>• Comparison of Numbers using the using Number line</li> <li>• <b>Table of 1, 2</b></li> </ul>	4 4 6 6 3	<ul style="list-style-type: none"> <li>○ <b><u>Activities to be implemented:</u></b></li> <li>• Cut-outs of a palm for counting.</li> <li>• Go on a Hunting for numbers and match.</li> <li>• Ganit Mala–Counting the beads game.</li> <li>• Help Peter find his way back home for forward &amp; backward counting.</li> <li>• Spin the wheel game for tables.</li> </ul>
May	12		<ul style="list-style-type: none"> <li>• <b>CH-4 Addition</b></li> <li>• Addition by Counting</li> <li>• Addition by Drawing lines</li> <li>• Finger Counting</li> <li>• Word Problems (Selective)</li> <li>• <b>Table of 3</b></li> </ul>	4 3	<ul style="list-style-type: none"> <li>• Addition card game/clothes peg activity.</li> <li>• Number rods Addition.</li> <li>• Addition strip board game.</li> </ul>
June	13	<b>Evaluation Cycle-I</b>	<ul style="list-style-type: none"> <li>• <b>CH-5 Subtraction</b></li> <li>• Word Problems</li> <li>• <b>CH-7 Numbers from 11 - 20</b></li> <li>• Numbers from 11 to 20</li> <li>• Number and Number Names</li> <li>• Addition of Smaller Numbers</li> <li>• Addition by Forward Counting</li> <li>• Subtraction of Smaller Numbers</li> <li>• Subtraction by Backward Counting</li> <li>• Mixed Word Problems</li> <li>• <b>CH-8 Numbers from 21 - 50</b></li> <li>• Numbers 21 to 30</li> <li>• Numbers 31 to 40</li> <li>• Numbers 41 to 50</li> <li>• Counting 1 to 50</li> <li>• Numbers and Number Names</li> </ul>	3 4 4 2	<ul style="list-style-type: none"> <li>• Activity based on subtraction with the help of concrete objects for e.g -ice-cream sticks and bottle caps.</li> <li>• Activity with the help of Ganit Mala beads.</li> <li>• Colour coding game for both Numbers and Number names.</li> <li>• Hopscotch game (for numbers from 21-50).</li> <li>• Addition and Subtraction Activity using Ganit Mala.</li> <li>• Lego Subtraction Race.</li> <li>• Bingo game for number dictation.</li> </ul>

			<ul style="list-style-type: none"> <li>• <b>Dodging Dictation</b></li> <li>• <b>Table of 4 &amp; 5</b></li> </ul>		
<b>July</b>	<b>25</b>		<ul style="list-style-type: none"> <li>• <b>CH-9 Numbers from 51- 100</b></li> <li>• Numbers 51 to 60</li> <li>• Numbers 61 to 70</li> <li>• Numbers 71 to 80</li> <li>• Numbers 81 to 90</li> <li>• Numbers 91 to 100</li> <li>• Numbers from 1 to 100</li> <li>• Counting Breaks</li> <li>• Counting by Grouping</li> <li>• Numbers and Number Names</li> <li>• Just Before-Just After-Between</li> <li>• <b>CH-10 Numerals on Abacus</b></li> <li>• Numbers in Expanded Form</li> <li>• Numbers in Short Form</li> <li>• 1-digit and 2-digit Numbers</li> <li>• <b>CH-14 Patterns in Shapes and Numbers</b></li> <li>• Skip Counting</li> <li>• Patterns in Everyday Life</li> <li>• <b>CH-16 Ordinal Numbers</b></li> <li>• <b>Table of 10</b></li> </ul>	4 4 4 4 4 5	<ul style="list-style-type: none"> <li>• Slide through the Number names-group activity.</li> <li>• Place value chart with Maan cards.</li> <li>• Skip counting with handprints.</li> <li>• Finger Maths-Abacus.</li> <li>• Ganit mala activity on Skip counting.</li> <li>• Throw the Ring on the Ordinal Numbers.</li> <li>• Mummy's phone number game.</li> </ul>
<b>August</b>	<b>23</b>		<ul style="list-style-type: none"> <li>• <b>CH-6 Concept of Zero</b></li> <li>• Addition Property of Zero</li> <li>• Subtraction Property of Zero</li> <li>• <b>CH-11 Comparison and Ordering of Numbers</b></li> <li>• Smaller – Greater</li> <li>• Comparison on the Number Line</li> <li>• Rules of Comparison</li> <li>• Ascending Order and Descending Order</li> <li>• <b>CH-12 Addition of 2-digit Numbers</b></li> <li>• Addition by Short Method</li> <li>• Addition of 2-digit Numbers (With Carrying)</li> <li>• Word Problems</li> </ul>	4 4 4 4 4 3	<ul style="list-style-type: none"> <li>• Spindle Box</li> <li>• Story based activity to clear the concept of zero on Smart Board.</li> <li>• Hand puppet activity.</li> <li>• Crayons activity.</li> <li>• Match sticks activity.</li> <li>• Number line Addition activity on smartboard (Ai's kinder world) <a href="https://youtu.be/cdY468fdhXA">https://youtu.be/cdY468fdhXA</a></li> <li>• Single digit Addition activity with Pencils and Crayons.</li> <li>• Match sticks activity with double digit Addition</li> <li>• Speaking cards for Word problems</li> <li>• Stair case game with number cards. (For both Ascending order and Descending order)</li> <li>• Find the two digits Greatest and Smallest number in the given worksheet.</li> </ul>

					<ul style="list-style-type: none"> <li>• Number hunt activity.</li> <li>• Roll, Write and Re-order game.</li> </ul>
September	21	Evaluation Cycle-II	<ul style="list-style-type: none"> <li>• <b>CH-13 Subtraction of 2-digit Numbers</b></li> <li>• Subtraction by Short Method</li> <li>• Subtraction of 2-digit Numbers (With Borrowing)</li> <li>• Word Problems</li> <li>• Mixed Problems</li> </ul>	3 4 4 4 4	<ul style="list-style-type: none"> <li>• Activity based on subtraction with the help of concrete objects for e.g -ice-cream sticks and bottle caps.</li> <li>• Activity with the help of Ganit Mala beads.</li> </ul>
TERM-II					
October	19		<ul style="list-style-type: none"> <li>• <b>CH-15 Multiplication</b></li> <li>• Multiplication Tables</li> <li>• Revision of Tables (1 to 5 and 10)</li> <li>• Revision of Addition</li> <li>• Subtraction</li> <li>• <b>CH-22 Data Handling</b></li> </ul>	8 2	<ul style="list-style-type: none"> <li>• Taming the table game for Multiplication.</li> <li>• Fold a Multiplication Cootie Catcher.</li> <li>• Multiplication strip board game.</li> <li>• Spinning wheel for revision of tables.</li> <li>•</li> </ul>
November	16		<ul style="list-style-type: none"> <li>• <b>CH-17 Shapes</b></li> <li>• Plane Shapes</li> <li>• Solid Shapes</li> <li>▪ Sliding- Rolling</li> <li>▪ <b>CH-2 Words of Position</b></li> <li>▪ An Evening at a Park</li> <li>• Before-After</li> </ul>	6 5 6 5	<ul style="list-style-type: none"> <li>• Make shapes with LEGO bricks.</li> <li>• Build a house with shapes of Rangometry.</li> <li>• Fill in the shapes with colour codes.</li> <li>• Position game for spatial relationship.</li> <li>• Leaves activity for patterns.</li> </ul>
December	23	Evaluation Cycle-III	<ul style="list-style-type: none"> <li>• <b>CH-18 Time</b></li> <li>• Day and Night</li> <li>• Parts of the Day</li> <li>• Measuring Time</li> <li>• Daily Routine</li> <li>• <b>CH-19 Calendar</b></li> <li>• Days of the week</li> <li>• Months of the year</li> <li>• <b>Revision of Table 2 to 5</b></li> </ul>	5 6 3 3 6	<ul style="list-style-type: none"> <li>• Make a giant clock using a Hula-Hoop.</li> <li>• Ribbon activity for Time.</li> <li>• Month hunting activity.</li> <li>• Count the days on your hands.</li> <li>• Create a weekly planner.</li> </ul>
January	17		<ul style="list-style-type: none"> <li>• <b>CH-21 Measurements</b></li> <li>• Longer-Shorter</li> <li>• Longest-Shortest</li> <li>• Bigger-Smaller</li> <li>• Taller-Shorter</li> <li>• Tallest-Shortest</li> <li>• Thicker-Thinner</li> </ul>	6 3 3	<ul style="list-style-type: none"> <li>• Introduction of the devices of Measurements.</li> <li>• (Eg. Cough syrup caps, thermometer, glass, spoon, beambalance).</li> <li>• Hand span activity for Measurement.</li> <li>• Measure the foot or line by size.</li> </ul>

			<ul style="list-style-type: none"> <li>• Heavier-Lighter</li> <li>• Heaviest-Lightest</li> <li>• Near-Far</li> <li>• More-Less</li> <li>• <b>Revision of Table 2 to 5 and 10.</b></li> <li>• <b>CH-20Money</b></li> <li>• Shopping</li> </ul>		<ul style="list-style-type: none"> <li>• Role play - Market place</li> </ul>
February	21	Evaluation Cycle-IV	<ul style="list-style-type: none"> <li>• <b>Revision for EV.CY 4</b></li> </ul>	Everyday	<ul style="list-style-type: none"> <li>• Oral Tables(1to5and10). Revision</li> <li>• Multiplication strip board game.</li> </ul>
March	11		<ul style="list-style-type: none"> <li>• <b>Revision</b></li> </ul>	Everyday	<ul style="list-style-type: none"> <li>• Number 1-100.Number cards activity.</li> </ul>

**Subject : Art and Craft**

**Prescribed Book :-Be An Artist – 1**

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
April	22		CH-1 Chicken Family CH-3 Scenery CH-4 Yummy Fruits CH-6 Beautiful Flowers	1 1 1 1	<ul style="list-style-type: none"> <li>• Draw and colour a scenery.</li> </ul>
May	12		CH-5 Landscape CH-9 Bird CH-14 Flowers	1 1 1	<ul style="list-style-type: none"> <li>• Draw and colour a flower.</li> </ul>
June	13	Evaluation Cycle-I	CH-12 Half and Half CH-13 Butterfly CH-15 Sweet Home CH-21 Flowers	1 1 1 1 1	<ul style="list-style-type: none"> <li>• Draw and colour two fruits you eat in summer season.</li> </ul>
July	25		CH-7 Sailing Boat CH-8 Balloons CH-11 Curly Hair	1 1 1	<ul style="list-style-type: none"> <li>• Draw and colour two things you use in rainy season.</li> </ul>

			CH-17 Fish CH-33 Splash	1 1	
August	23		CH-10 Warli Art CH-16 Tree CH-20 Easy to Draw CH-22 Landscape CH-23 Bird	1 1 1 1 1	<ul style="list-style-type: none"> <li>Draw and colour a bird.</li> </ul>
September	21	Evaluation Cycle-II	CH-24 House CH-25 Stencil Fun CH-26 Flower Vase CH-27 Card CH-28 Beautiful Garden	1 1 1 1 1	<ul style="list-style-type: none"> <li>Make a Teachers Day card.</li> </ul>
<b>TERM-II</b>					
October	19		CH-18 Hanging Monkey CH-19 Big Dinosaur CH-29 Panda Face CH-30 Air Balloons CH-31 Paper Tree	1 1 1 1 1	<ul style="list-style-type: none"> <li>Draw and colour an animal.</li> </ul>
November	16		CH-32 Sunflower CH-36 Duck CH-37 Turtle CH-38 Bats	1 1 1 1	<ul style="list-style-type: none"> <li>Draw and colour your favourite cartoon character.</li> </ul>
December	23	Evaluation Cycle-III	CH-2 Snow Hills CH- 34 X-mas Tree CH- 35 Greeny Tree CH-39 Landscape	1 1 1 1	<ul style="list-style-type: none"> <li>Draw and colour a snowman.</li> </ul>
January	17		Badge Making Activity	1	
February	21	Evaluation Cycle-IV	Revision		
March	11		Revision		



**Subject : Computer**

**Prescribed Book :-** 1. Keyboard (Oxford School Education)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
April	22		<ul style="list-style-type: none"> <li>• CH-1 Computer –My Friend</li> <li>• Machines</li> <li>• Uses of a Computer</li> <li>• Places where Computers are used</li> </ul>	03	<ul style="list-style-type: none"> <li>• Paste the picture of places where computers are used.</li> </ul>
May	12		<ul style="list-style-type: none"> <li>• CH-2 Intelligent Machines</li> <li>• Machines Using AI</li> <li>• Smart Machines</li> </ul>	03	<ul style="list-style-type: none"> <li>• Paste the Pictures of Smart Machines in A4 Size Paper.</li> </ul>
June	13	Evaluation Cycle-I	<ul style="list-style-type: none"> <li>• CH-2 Intelligent Machines (contd...)</li> </ul>	02	<ul style="list-style-type: none"> <li>• Type any five usage of Smart Machine at home notepad.</li> </ul>
July	25		<ul style="list-style-type: none"> <li>• CH-3 Parts of Computer</li> <li>• Monitor</li> <li>• CPU</li> <li>• Mouse</li> <li>• Keyboard</li> </ul>	04	<ul style="list-style-type: none"> <li>• Draw and Color the various parts of a computer.</li> </ul>
August	23		<ul style="list-style-type: none"> <li>• CH-4 Handling a Mouse</li> <li>• Mouse Pointer</li> <li>• Holding a Mouse</li> <li>• Actions of a Mouse</li> </ul>	03	<ul style="list-style-type: none"> <li>• Draw and Label different buttons of mouse in MS-Paint.</li> </ul>
September	21	Evaluation Cycle-II	<ul style="list-style-type: none"> <li>• Revision</li> </ul>		
<b>TERM-II</b>					
October	19		<ul style="list-style-type: none"> <li>• CH-5 Using a Keyboard</li> <li>• Different type of Keys</li> </ul>	04	<ul style="list-style-type: none"> <li>• Practice of touch typing(Base Position keys)</li> </ul>
November	16		<ul style="list-style-type: none"> <li>• CH-6 Fun with Paint</li> <li>• Starting Paint</li> <li>• The Paint Window</li> <li>• Drawing Shapes</li> </ul>	03	<ul style="list-style-type: none"> <li>• Draw different shapes and color in paint.</li> </ul>
December	23	Evaluation Cycle-III	<ul style="list-style-type: none"> <li>• CH-6 Fun with Paint (contd...)</li> <li>• Coloring a Shape</li> </ul>	03	<ul style="list-style-type: none"> <li>• Fill the color in different shapes.</li> </ul>

			<ul style="list-style-type: none"> <li>• Saving the Drawing</li> </ul>		
January	17		<ul style="list-style-type: none"> <li>• CH-6 Fun with Paint (contd...)</li> <li>• Closing the Paint Window</li> </ul>	02	
February	21	Evaluation Cycle-IV	<ul style="list-style-type: none"> <li>• CH-7 Data and Storage</li> <li>• Data</li> <li>• Storage</li> </ul>	04	<ul style="list-style-type: none"> <li>• Write five storage devices in notepad at home.</li> </ul>
March	11		<ul style="list-style-type: none"> <li>• Revision</li> </ul>		<ul style="list-style-type: none"> <li>•</li> </ul>

**Subject: Indian Classical Dance**

**Prescribed Book: NA**

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
May	12		<ul style="list-style-type: none"> <li>• Guru Namaskar</li> <li>• Song Name: Guru Brahma Guru Vishnu</li> <li>• Theme dance on Earth Day</li> </ul>	4	
June	13		<ul style="list-style-type: none"> <li>• Mother's Day Dance</li> <li>• Song name : Meri Ma</li> </ul>	2	
July	25	Evaluation Cycle-I	<ul style="list-style-type: none"> <li>• Theme based dance</li> </ul>	3	
August	23		<ul style="list-style-type: none"> <li>• Kargil Mohotsav: Theme based dance</li> <li>• Song name : Teri Mitti</li> </ul>	4	
September	21		<ul style="list-style-type: none"> <li>• Asamyukta Hasta Mudras and their meanings</li> <li>• Patriotic dance: Kandhose Milte Hai Kandhe</li> </ul>	4	
May	12	Evaluation Cycle-II	<ul style="list-style-type: none"> <li>• Janmasthanmi dance</li> <li>• Song name: Man mohana(Krishna leela)</li> </ul>	3	
<b>TERM-II</b>					
October	19		<ul style="list-style-type: none"> <li>• Durgapuja dance</li> <li>• Song name: Aigiri Nandini</li> </ul>	3	
November	16		<ul style="list-style-type: none"> <li>• Samyukta Hasta Mudras and their meanings</li> <li>• Diwali dance – Ramayana</li> </ul>	4	
December	23	Evaluation Cycle-III	<ul style="list-style-type: none"> <li>• Christmas theme based dance</li> <li>• (Jesus Christ birth)</li> </ul>	4	

January	17		<ul style="list-style-type: none"> <li>• Patriotic Dance</li> </ul>	3	
February	21	Evaluation Cycle-IV	<ul style="list-style-type: none"> <li>• Vasant Panchami dance</li> <li>• Song name: Jaya Jaya Hai Bhagawati</li> </ul>	4	
March	11		<ul style="list-style-type: none"> <li>• Revision</li> </ul>		

**Subject: Music**  
**Prescribed Book: NA**

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
April	22		<ul style="list-style-type: none"> <li>• Indian and western notes</li> <li>• Do Re Mi song</li> <li>• Sanskrit Shloks</li> </ul>	4	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
May	12		<ul style="list-style-type: none"> <li>• Mother's Day Song</li> <li>• Lord Buddha Shlok</li> </ul>	2	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
June	13	Evaluation Cycle-I	<ul style="list-style-type: none"> <li>• Motivational song</li> </ul>	2	<ul style="list-style-type: none"> <li>• Choir Singing with action</li> </ul>
July	25		<ul style="list-style-type: none"> <li>• Song related to Rainy season</li> <li>• Guru vandana</li> </ul>	4	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
August	23		<ul style="list-style-type: none"> <li>• Patriotic song</li> <li>• Krishna bhajan</li> </ul>	4	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
September	21	Evaluation Cycle-II	<ul style="list-style-type: none"> <li>• Alankar</li> <li>• Gayatri Mantra</li> </ul>	4	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
<b>TERM-II</b>					
October	19		<ul style="list-style-type: none"> <li>• My God is so big</li> </ul>	3	<ul style="list-style-type: none"> <li>• Choir Singing with action</li> </ul>
November	16		<ul style="list-style-type: none"> <li>• God's love is so wonderful</li> </ul>	2	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
December	23	Evaluation Cycle-III	<ul style="list-style-type: none"> <li>• <u>Christmas Carol</u></li> </ul>	3	<ul style="list-style-type: none"> <li>• Choir Singing with action</li> </ul>
January	17		<ul style="list-style-type: none"> <li>• <u>Patriotic song</u></li> </ul>	3	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
February	21	Evaluation Cycle-IV	<ul style="list-style-type: none"> <li>• Prayer song</li> </ul>	4	<ul style="list-style-type: none"> <li>• Choir Singing</li> </ul>
March	11		<ul style="list-style-type: none"> <li>• <u>Revision</u></li> </ul>	4	<ul style="list-style-type: none"> <li>• Choir Singing/Revision</li> </ul>

**Subject : Physical Education**

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-II</b>					
April	22		<ul style="list-style-type: none"> <li>Revision of last year's syllabus &amp; Minor Games.</li> </ul>	4	
May	12		<ul style="list-style-type: none"> <li>Mass Drill Exercise No. 1 to 5.</li> </ul>	4	
June	13	<b>Evaluation Cycle-I</b>	<ul style="list-style-type: none"> <li>Skill of Tunnel ball, Kabaddi &amp; Football game.</li> <li>Recreational game, based on Different type game.</li> <li>Practice of Inter-House Sports Activity.</li> </ul>	4	
July	25		<ul style="list-style-type: none"> <li>General warming up exercise.</li> <li>Game practice of Hand ball &amp; Minor Games.</li> </ul>	4	<ul style="list-style-type: none"> <li>Inter-House Sports Activity.</li> </ul>
August	23		<ul style="list-style-type: none"> <li>Height and Weight.</li> <li>Drill No. 5 to 10 &amp; Recreational games</li> </ul>	4	
September	21	<b>Evaluation Cycle-II</b>	<ul style="list-style-type: none"> <li>Practice of Tunnel ball.</li> <li>Recreational games.</li> <li>Basic concept &amp; Rules of kabaddi.</li> </ul>	4	
<b>TERM-II</b>					
October	19		<ul style="list-style-type: none"> <li>Handball, Leg Cricket.</li> <li>Practice of Different races.</li> </ul>	4	
November	16		<ul style="list-style-type: none"> <li>Knowledge of Track, Short distance races and practice.</li> <li>Heats of the event.</li> </ul>	4	
December	23	<b>Evaluation Cycle-III</b>	<ul style="list-style-type: none"> <li>Fitness Exercises &amp; Sports Meet.</li> </ul>	4	<ul style="list-style-type: none"> <li>Sports Meet</li> </ul>
January	17		<ul style="list-style-type: none"> <li>Height &amp; Weight, Game knowledge of Kabaddi, Cricket, Drill exercises.</li> </ul>	4	
February & March	21 & 11	<b>Evaluation Cycle-IV</b>	<ul style="list-style-type: none"> <li>Assessment &amp; practice of basic drills/skill., Free Games.</li> </ul>	4	
				4	

**Subject : Yoga**

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit	Tentative No. of Periods Required	Subject Enrichment Activities (SEA)
<b>TERM-I</b>					
April	22		<ul style="list-style-type: none"> <li>• Knowledge about Yoga.</li> <li>• Prayer</li> <li>• Micro Exercise-Neck+Eyes</li> </ul>	8	<ul style="list-style-type: none"> <li>• Inter House Yoga Competition</li> </ul>
May	12		<ul style="list-style-type: none"> <li>• Micro Exercise for Hands, Shoulder</li> <li>• Sukhasana, Ardhapadmasana</li> </ul>	8	
June	13	<b>Evaluation Cycle-I</b>	<ul style="list-style-type: none"> <li>• Revision of Previous Practice.</li> <li>• Micro Exercise for waist + legs.</li> </ul>	8	<ul style="list-style-type: none"> <li>• International Yoga Day Celebration</li> </ul>
July	25		<ul style="list-style-type: none"> <li>• Practice of all Micro Exercise</li> <li>• Vajrasana, Padmasana.</li> </ul>	8	
August	23		<ul style="list-style-type: none"> <li>• Bhramari Pranayama</li> <li>• gyanmudra, chin mudra</li> </ul>	8	
September	21	<b>Evaluation Cycle-II</b>	<ul style="list-style-type: none"> <li>• Tadasana, Tiryaktadasana, Veerasana</li> </ul>	8	
<b>TERM-II</b>					
October	19		<ul style="list-style-type: none"> <li>• Kati Chakrasana</li> <li>• Trikonasana</li> </ul>	8	
November	16		<ul style="list-style-type: none"> <li>• Shashankasana, Marjariasana.</li> <li>• Bhastrika Pranayama</li> </ul>	8	
December	23	<b>Evaluation Cycle-III</b>	<ul style="list-style-type: none"> <li>• Chakkuchalasanana, Merugatyatmakasana.</li> <li>• Om Chanting</li> </ul>	8	
January	17		<ul style="list-style-type: none"> <li>• Hastottanasana, Padahastanasana.</li> <li>• Chest Breathing</li> </ul>	8	
February	21	<b>Evaluation Cycle-IV</b>	<ul style="list-style-type: none"> <li>• Revision.</li> </ul>	8	
March	11		<ul style="list-style-type: none"> <li>• Revision</li> </ul>	8	

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